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KEY=COURAGE - LANEY KHAN

COURAGE TO CHANGE

ONE DAY AT A TIME IN AL-ANON II.

Al Anon Family Group Headquarters The daily meditations, reminders, and prayers from Courage to Change help families encourage their recovering alcoholic loved ones and point to Al-Anon's impact as a vital part of recovery.

COURAGE TO CHANGE—ONE DAY AT A TIME IN AL-ANON II

Al-Anon Family Groups Inc. More daily inspiration from a fresh, diverse perspective. Insightful reflections reveal surprisingly simple things that can transform lives.

THE COURAGE TO CHANGE

EMPOWERING YOUR LIFE FROM THE INSIDE OUT

Whether you're 18 or 108, if you are a woman who wants to improve the quality of your life, without having to create a major revolution in home, family, or other relationships, this book is for you. The message is simple, even though the experience will not be created overnight - you are not helpless. God has made you a person of great power & you can choose your inner qualities. Popular author Marilyn Gustin leads you to spiritual self-empowerment. She shows you how changing your attitude can change your life. Even though we can't always choose what happens to us, we can choose not to be a victim. When we change inside, the quality of our outside experiences will improve. Gustin also shows you how the pain & hurt in your life can actually bring you closer to God. Because pain softens your heart & teaches you compassion, it's important that you don't waste the pain experienced in your life. You can grow from pain - it heightens your sensitivity & makes you gentler on yourself, others, & God. Tailored to the individual, this book is a remedial "do-it" guide for change. Each chapter includes points for personal reflection & Scripture passages for meditation.

RESISTANCE

A SONGWRITER'S STORY OF HOPE, CHANGE, AND COURAGE

Atria Books A timely and passionate call to action for engaging with our current political moment, from the Grammy-nominated and multiplatinum singer-songwriter and New York Times bestselling author Tori Amos. Since the release of her first, career-defining solo album Little Earthquakes, Tori Amos has been one of the music industry's most enduring and ingenious artists. From her unnerving depiction of sexual assault in "Me and a Gun" to her post-September 11 album, Scarlet's Walk, to her latest album, Native Invader, her work has never shied away from intermingling the personal with the political. Amos began playing piano as a teenager for the politically powerful at hotel bars in Washington, DC, during the formative years of the post-Goldwater and then Koch-led Libertarian and Reaganite movements. The story continues to her time as a hungry artist in Los Angeles to the subsequent three decades of her formidable music career. Amos explains how she managed to create meaningful, politically resonant work against patriarchal power structures—and how her proud declarations of feminism and her fight for the marginalized always proved to be her guiding light. She teaches us to engage with intention in this tumultuous global climate and speaks directly to supporters of #MeToo and #TimesUp, as well as young people fighting for their rights and visibility in the world. Filled with compassionate guidance and actionable advice—and using some of the most powerful, political songs in Amos's canon—this book is for anyone determined to steer the world back in the right direction.

ONE DAY AT A TIME IN AL-ANON

Al Anon Family Group Headquarters

COURAGE TO CHANGE**THE COUNSELLING PROCESS**

Veritas Books (IE) This book looks at both sides of the counseling process, at the unfolding work of the client, and at the efforts of the counselor to prepare herself to respond effectively. Where their two worlds meet, the counseling relationship begins, and the outcome

COURAGE TO CHANGE

Nikki's childhood was blighted by her father's drinking. She knew she would never lose control of her life like that. But things didn't work out as she had planned. This is her story.

COURAGE TO CHANGE**PERSONAL CONVERSATION ABOUT ALCOHOLISM WITH DENNIS WHOLEY**

Grand Central Publishing In this powerful, inspiring volume, former "Late Night America" host and recovering alcoholic Dennis Wholey tells his story. In addition, celebrities from Doc Severinson to Sid Caesar to Jason Robards speak in their own words about the devastating effects of alcoholism.

COURAGE TO CHANGE**DEVOTIONAL JOURNAL**

Author of Courage to Change and Forever Home, Lorraine Jenkins-Wilkes brings to you a Devotional/Journal that will change your life. Now that you have read her books, you know it is possible to change your life in a positive way. If you change your thinking, you can change your life. You have the solution in you to be great. Use this Devotional/Journal as a tool to create positive thinking and help you with your personal development. You will be able to journal through different thoughts, words, and emotions that will change your focus in a positive way. Remember, you can do whatever you put your mind to. Now go and journal to freedom!

COURAGE TO CHANGE**THE CHRISTIAN ROOTS OF THE TWELVE-STEP MOVEMENT**

Simon and Schuster The writings of the Reverend Sam Shoemaker, Episcopal minister, are examined in this volume in the light of their contribution to the principles of Twelve Step recovery. Courage to Change deals with the influence of Sam Shoemaker on the early years of Alcoholics Anonymous, the writing of the Twelve Steps, and the book Alcoholics Anonymous. Bill Wilson proclaimed at the 1955 International AA Convention, "The early AA got its ideas of self-examination, acknowledgment of character defects, restitution for harm done, and working with others straight from the Oxford Group and directly from Sam Shoemaker." The writings of the Reverend Sam Shoemaker, Episcopal minister, are examined in this volume in the light of their contribution to the principles of Twelve Step recovery.

THE COURAGE TO CHANGE EVERYTHING**DAILY STRATEGIES AND ESSENTIAL WISDOM TO AWAKEN YOUR INNER GENIUS****THE COURAGE TO CHANGE**

12 POWERFUL AND BRAVE STORIES OF THE COURAGE TO TRANSCEND BEYOND THE DARKNESS

Have you ever had the courage to change? Maybe you've been pushed to the limited, hit rock bottom and had no where to go but up? These are just some of the stories you'll hear through the pages of *The Courage to Change*.

THE COURAGE TO BE HAPPY

TRUE CONTENTMENT IS IN YOUR POWER

Atlantic Books The sequel to the global bestseller *The Courage To Be Disliked*, the Japanese phenomenon in applying twentieth-century psychology to contemporary dilemmas continues with life-changing advice on finding happiness. In *The Courage To Be Happy*, Ichiro Kishimi and Fumitake Koga again distil their wisdom into simple yet profound advice to show us how we, too, can use twentieth-century psychological theory to find true happiness. **ON THE COURAGE TO BE DISLIKED:** The ideas proffered here will certainly make you think twice about the real cause of the emotional drama in your life. A thought-provoking read. - Mail on Sunday. A real game-changer - Marie Claire.

IMAGINE IT FORWARD

COURAGE, CREATIVITY, AND THE POWER OF CHANGE

Random House Change is the only constant. Learn to be a change-maker. In *Imagine It Forward*, Beth Comstock, the former vice chair of GE, describes her twenty-five year efforts to be an instigator of change at every level of business. When she first moved from NBC to parent company GE in 1998, she was ignored as a woman in a man's world, treated as an outsider because she didn't have a business background, and ignored as a mere PR person. But CEO Jeff Immelt realized even then that the industrial giant, like so many businesses, had to change fast in order to stay relevant in a world where Google, Facebook, and an explosion of internet companies were transforming how goods and services were marketed, made, and sold. In a deeply personal journey filled with practical takeaways from two plus decades of initiating change at the top levels of one of the largest corporations in the world, Comstock lays out the challenges, opportunities, tools, and practices needed to embrace change, whatever industry you are in, and make it part of every management decision.

CLIMATE COURAGE

HOW TACKLING CLIMATE CHANGE CAN BUILD COMMUNITY, TRANSFORM THE ECONOMY, AND BRIDGE THE POLITICAL DIVIDE IN AMERICA

Beacon Press How Americans can take action in their own communities and unite across the political spectrum in pursuit of solutions to climate change. Andreas Karelas has a message we don't often hear: we have all the tools we need to solve the climate crisis and doing so will improve our lives, our economy, and our society. But to engage people in the climate fight, we need stories that are empowering, inclusive, and solutions-oriented, not based in fear. Karelas digs into the latest data on the rapidly falling costs and increased efficiencies of clean energy technologies compared to fossil fuels, looks at the rate of job creation in the clean energy sector, and introduces the reader to the inspiring work of climate heroes on both sides of the aisle—from Republican mayors and governors to activists, from businesses to faith communities. *Climate Courage* shows us how we can move past our collective inaction on climate change and work together in our communities to create a more sustainable, just, clean energy-powered economy that works for everyone.

COURAGE TO CHANGE

Xulon Press

THE COURAGE TO BE DISLIKED

HOW TO FREE YOURSELF, CHANGE YOUR LIFE AND ACHIEVE REAL HAPPINESS

Atlantic Books The Japanese phenomenon that teaches us the simple yet profound lessons required to liberate our real selves and find lasting happiness. Marie Claire's best self-help books for 2018 *The Courage to be Disliked* shows you how to unlock the power within yourself to become your best and truest self, change your future and find lasting happiness. Using the theories of Alfred Adler, one of the

three giants of 19th century psychology alongside Freud and Jung, the authors explain how we are all free to determine our own future free of the shackles of past experiences, doubts and the expectations of others. It's a philosophy that's profoundly liberating, allowing us to develop the courage to change, and to ignore the limitations that we and those around us can place on ourselves. The result is a book that is both highly accessible and profound in its importance. Millions have already read and benefited from its wisdom. Now that *The Courage to be Disliked* has been published for the first time in English, so can you. Three million copies sold worldwide.

COMPETENCE, COURAGE, AND CHANGE

AN APPROACH TO FAMILY THERAPY

W W Norton & Company Incorporated This book responds to a long-standing need in the field of psychotherapy created by the gradual demise of the medical model. If we are not to define people by their deficits, how can we organize our understanding of them? The concept of competence provides the needed framework. Beginning with the idea that most symptoms represent adaptive attempts gone awry, a competence approach develops the healthy urges that reside within symptoms and helps clients organize around those instead of around the problems themselves. This book delineates the why and how of this way of building therapy around hidden strengths, based on a strong partnership with families. Courage, hope, vision, and other concepts not usually treated in psychotherapy are taken seriously and developed as important aspects of treatment. Ultimately, this approach offers people a direct, positive challenge to find and develop the best that is in them.

THE AWAKENING

9 PRINCIPLES FOR FINDING THE COURAGE TO CHANGE YOUR LIFE

Duncan Baird Publishers Wake up to your new life! It's no accident you've picked up this book. It's time for a change! Sidra Jafri is here to guide you through an incredible nine-step journey *The Awakening*. She will empower you to let go of the past and your pre-programmed beliefs, and build the happy and fulfilling life of your dreams. Offering practical exercises and real-life case studies, each step is based on one of Sidra's principles: Ask Quality Questions Work On You Awareness Is The Key Knowing Versus Owning Energy Is Everything No Judgment It Takes One To See One Nothing Is Missing Growth Is Inevitable The Principles of Awakening have already helped thousands of people from all walks of life create the life they want now you can do it, too!

DO YOU HAVE THE COURAGE TO CHANGE?

THE 12 BASIC REASONS WHY PEOPLE DON'T CHANGE AND HOW YOU CAN

Author House This book is a breakthrough book and the first of its kind. It focuses on specific reasons why people don't change. Understanding the obstacles through a conscious awareness makes it easier for people to take the responsibility to change. Many people offer reasons or excuses for maintaining the status quo. They seldom look in the mirror and confront their issues and then challenge themselves to make the changes that they know would create a healthier lifestyle. If you don't change for the better, you will keep heading in the same direction and probably get worse. Your old habits and patterns are reinforced each day and become harder and harder to change. That's why the book offers simple suggestions of what you can do to start the changing process today. These exercises will get you on the right track and help you develop discipline and new habits in which you take more responsibility for your greater well being. There are no other books like this one. Other books tell you what you should do to live a healthier lifestyle, but lack the self-confronting issues that are clearly and simply presented in this book. With this in mind the benefits of *Do You Have The Courage To Change* cannot be found anywhere else.

COURAGE TO CHANGE

AN INTRODUCTION TO THE LIFE AND THOUGHT OF REINHOLD NIEBUHR

University Press of America Carefully researched and written with extraordinary vitality, this biography of Reinhold Niebuhr reveals the man in all of his humanity, warmth and charm, as well as his intellectual prowess as a theological giant. The author, who knew Niebuhr well, chronicles his career and contributions to ethics, theology and political thought. This classic is of enduring value to students of ethics, philosophy and theology and political thought and to anyone anxious to grasp the essence of this foremost philosophical theologian of the 20th century. Originally published by Charles Scribner's Sons in 1961.

THE COURAGE TO BE ME

A STORY OF COURAGE, SELF-COMPASSION AND HOPE AFTER SEXUAL ABUSE

NB Research Limited "How do you rebuild your life after sexual abuse?... 'The Courage To Be Me' combines science, storytelling and illustration to send a message of hope to the millions of people who are living with the impact of rape or sexual abuse."--Back cover.

RETURN ON COURAGE

A BUSINESS PLAYBOOK FOR COURAGEOUS CHANGE

Greenleaf Book Group Unlock Courage What do an astronaut, a Navy SEAL, the cofounder of Method, the former VP of communications at Apple, and the president of Domino's all have in common? Ryan Berman spent three years shadowing the most courageous people and leaders on the planet to find out what they have done to accomplish liberating personal or business feats. Fifty-two percent of Fortune 500 companies from the year 2000 are now extinct, and 80 percent of all start-ups will fail within their first 18 months. Yet there's a lack of urgency to address this callous reality across the board in most organizations. And the solution can be unlocked with courage. Return on Courage (ROC) is the go-to courage instructional manual that helps readers attack and shrink business fears head-on. They will learn how to relentlessly play offense, drive change, and transform into a Courage Brand®. ROC can be the secret weapon to innovating new products and services, maximizing ROI, and revolutionizing their industry.

WILD COURAGE

A JOURNEY OF TRANSFORMATION FOR YOU AND YOUR BUSINESS

Duncan Baird Publishers Wild Courage is unique in consciously bringing the worlds of business and spirituality together. This book is for all those who find themselves facing a period of difficult inner and outer change. It could be an individual facing bankruptcy or redundancy, or a business in crisis, losing its way in a troubled market and needing to innovate to stay afloat in a changing world. Maybe you're struggling with how to lead your organisation through change, or how to provide comfort, support and inspiration to your subordinates, peers and team members. Or maybe the call to change is more subtle and more personal. It might present itself as a lack of fulfilment; a longing to be involved with more meaningful work, to make a more tangible contribution; a general unease with the ethics and integrity of your organisation; a concern about the environmental and social impact of your company; a sense of having lost yourself on the path to 'success'; the feeling that your life and work have become too small. Or maybe everything seems just fine in your life ...yet still your heart tells you that it's time for change. Elle Harrison guides us on a journey towards soulful leadership. 'I wanted to share the creativity, insight and wisdom of these soul perspectives with the business world and help to bring more wisdom and integrity into business.' Blending together the story of her own personal journey and the experiences of her clients with traditional myths, insights into the natural world, spiritual teachings and stories from inspirational leaders, Wild Courage challenges us to engage and embark upon our own adventure of change, summoning courage and wildness - to 'dig for gold in the shadows of the personal and the collective unconscious'.

LIVING THE 7 HABITS

STORIES OF COURAGE AND INSPIRATION

Simon and Schuster In the ten years since its publication, The 7 Habits of Highly Effective People has become a worldwide phenomenon, with more than twelve million readers in thirty-two languages. Living the 7 Habits: Stories of Courage and Inspiration captures the essence of people's real-life experiences, applying proven principles to help them solve their problems and overcome challenges. In this uplifting and riveting collection of stories, readers will find wonderful examples of hope and encouragement as they are touched by the words of real people and their experiences of change-change that got them through difficult times; change that solved family crises; change that mended broken relationships; change that turned their businesses around; change that influenced entire communities.

THE CHALLENGE OF CHANGE: COURAGE CENTER'S FIFTY YEARS

HOPE AND COURAGE IN THE CLIMATE CRISIS

WISDOM AND ACTION IN THE LONG EMERGENCY

Springer Nature As the risks of the climate crisis continue to grow, so too do the challenges of facing a harsh climate future with honesty and courage; justice and compassion; meaning and purpose. Hope and Courage in the Climate Crisis explores diverse sources of learning and wisdom –from climate scientists and activists; philosophers and social theorists; Indigenous cultures and ways of life; faith based and spiritual traditions; artists and writers –which can help us live courageous, compassionate and creative lives in a world of rapidly accelerating climatic and ecological risk. Accelerating the transition to a just and resilient zero-carbon society will require visionary leadership and courageous collective action. Awareness that rapid action might still be insufficient to prevent severe and irreversible social and ecological damage is however a source of deep concern for many people passionately committed to decisive climate action. Drawing on broad experience as a climate activist, researcher and policy maker John Wiseman provides a wide ranging, accessible and provocative guided tour of ideas which can inspire and sustain radical hope and defiant courage in the long emergency which now lies before us.

THE COURAGE TO CHANGE

REAL KIDS, REAL STORIES, REAL CHANGE

COURAGEOUS ACTIONS AROUND THE WORLD

Free Spirit Publishing Thirty-five true stories profile kids who used their heads, their hearts, their courage, and sometimes their stubbornness to help others and do extraordinary things.

THE COURAGE HABIT

HOW TO ACCEPT YOUR FEARS, RELEASE THE PAST, AND LIVE YOUR COURAGEOUS LIFE

New Harbinger Publications What kind of life would you live if you didn't allow your fears to hold you back? The Courage Habit offers a powerful program to help you conquer your inner critic, work toward your highest aspirations, and build a courageous community. Are your fears preventing you from living the life you truly want? Do you ever wish that you had a better job, lived in a different city, or had more authentic and nurturing relationships? Many people believe that they would do more, accomplish more, and feel more fulfilled if only they could rid themselves of that fearful inner voice that constantly whispers, "you can't do it." In The Courage Habit, certified life coach Kate Swoboda offers a unique program based in cognitive behavioral therapy (CBT) and acceptance and commitment therapy (ACT) to help you act courageously in spite of fear. By identifying your fear triggers, releasing yourself from your past experiences, and acting on what you truly value, you can make courage a daily habit. Using a practical four-part program, you'll learn to understand the emotions that arise when fears are triggered, and to pause and evaluate your emotional state before you act. You'll discover how to listen without attachment to the self-defeating messages of your inner critic, understand the critic's function, and implement respectful boundaries so that your inner voice no longer controls your behavior. You'll reframe self-limiting life narratives that can—without conscious awareness—dictate your day-to-day decisions. And finally, you'll nurture more authentic connections with family, friends, and community in order to find support and reinforce the life changes you're making. If you feel like something is holding you back from landing your dream job, moving to a new city, having a satisfying love relationship, or simply taking advantage of all life has to offer—and if you have a sneaking suspicion that that something is you—then this one-of-a-kind guide will show you how to finally break free from self-doubt and start living your best life.

FEARLESS

CREATING THE COURAGE TO CHANGE THE THINGS YOU CAN

Robert Reed Pub Why is it that fear is the culprit behind every human dysfunction? How to release every kind of fear you can imagine, from money fear, to relationship fear to fear of death. How to access the natural creative courage inside every human being. How to create the life you want fearlessly, instead of living a life of cowering, and trying to live up to other people's expectations. How to relax and be at peace. How to create what you want without worrying about others' judgments of you. Jim Manton, Author of The Secret of Transitions says, When I read this book something magical happened. Page by page, my mind released those old habitual thoughts. My spirit lightened and lifted. It was a mindshift, and I didn't even see it coming. I was guided to a higher state of consciousness with Steve Chandler's graceful humor, creativity, and courage.

DRUM DREAM GIRL

HOW ONE GIRL'S COURAGE CHANGED MUSIC

Houghton Mifflin Harcourt Follows a girl in the 1920s as she strives to become a drummer, despite being continually reminded that only boys play the drums, and that there has never been a female drummer in Cuba. Includes note about Millo Castro Zaldarriaga, who inspired the story, and Anacaona, the all-girl dance band she formed with her sisters.

EMBRACING CHANGE

TRANSFORMING LIFE'S CHALLENGES WITH COURAGE AND GRACE

Beaufort Books In this book, David Malin offers readers a refreshing new paradigm for understanding themselves. This humorous, easy-to-read guide includes specific ideas about how to deal with difficult transitions and life changes. EMBRACING CHANGE uses stories, creative metaphor, and wit to help people who are struggling with change: whether it is the transition to college or into the workplace, the challenging joy of having children, or learning to embrace retirement. Each chapter can be read on its own, or returned to later, revealing new insights to readers at different stages in their lives. The book's fresh perspective will enable even readers who are familiar with principles of self-reflection and self-healing to make new discoveries. EMBRACING CHANGE will inspire readers of all ages to confront change in a healthy and positive way.

PAUSE, REST, BE

STILLNESS PRACTICES FOR COURAGE IN TIMES OF CHANGE

Shambhala Publications Restoring your body, mind, and spirit amid change is an act of courage, empowerment, and hope. This warm, powerful guide will help you honor the changes and spaces in your life with purposeful rest and reflection. If you're trying to push your way through endings, beginnings, and places of uncertainty, only to find yourself more confused, disconnected, tired, and uncertain, this book will hold and fortify you. Yoga teacher and activist Octavia Raheem offers us the motivation and guidance we need to restore ourselves in the midst of all sorts of change. Change in our lives--whether it be welcome, joyful, challenging, or more subtle—presents us with the opportunity to pause and gather our energy to work with whatever lies ahead. Drawing wisdom from yoga philosophy and her many years of teaching experience, Raheem offers us the motivation and guidance we need to restore ourselves in the midst of all types of change. She gives us three simple restorative yoga poses (savasana, side lying pose, and child's pose), and offers short teachings, reflections, and practices to see us through times of ending, beginning, and liminal/transitional space. She shows us how slowing down, stillness, and deeper connection to our own transitions empower us to move through collective shifts with more grace--and what it means to navigate shifts and change with presence and courage.

DARE TO LEAD

BRAVE WORK. TOUGH CONVERSATIONS. WHOLE HEARTS.

Random House In her #1 NYT bestsellers, Brené Brown taught us what it means to dare greatly, rise strong and brave the wilderness. Now, based on new research conducted with leaders, change makers and culture shifters, she's showing us how to put those ideas into practice so we can step up and lead. Leadership is not about titles, status and power over people. Leaders are people who hold themselves accountable for recognising the potential in people and ideas, and developing that potential. This is a book for everyone who is ready to choose courage over comfort, make a difference and lead. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it and work to align authority and accountability. We don't avoid difficult conversations and situations; we lean into the vulnerability that's necessary to do good work. But daring leadership in a culture that's defined by scarcity, fear and uncertainty requires building courage skills, which are uniquely human. The irony is that we're choosing not to invest in developing the hearts and minds of leaders at the same time we're scrambling to figure out what we have to offer that machines can't do better and faster. What can we do better? Empathy, connection and courage to start. Brené Brown spent the past two decades researching the emotions that give meaning to our lives. Over the past seven years, she found that leaders in organisations ranging from small entrepreneurial start-ups and family-owned businesses to non-profits, civic organisations and Fortune 50 companies, are asking the same questions: How do you cultivate braver, more daring leaders? And, how do you embed the value of courage in your culture? Dare to Lead answers these questions and gives us actionable strategies and real examples from her new research-based, courage-building programme. Brené writes, 'One of the most important findings of my career is that courage can be taught, developed and measured. Courage is a collection of four skill sets supported by twenty-eight behaviours. All it requires is a commitment to doing bold work, having tough conversations and showing up with our whole hearts. Easy? No. Choosing courage over comfort is not easy. Worth it? Always. We want to be brave with our

lives and work. It's why we're here.'

DRAWING ON COURAGE

RISKS WORTH TAKING AND STANDS WORTH MAKING

Ten Speed Press A practical, illustrated guide to overcoming the challenges of creative work, including where to start, how to give or get feedback, when to change direction, and how to stand up for what matters, from Stanford University's world-renowned d.school. "Ashish Goel's magnificently beautiful book illuminates a powerful new way to think about, discover, and act with your own personal courage."—Dan Roam, international bestselling author of *The Back of the Napkin* and *Draw to Win* The everyday moments of creative work can be rife with fear and fraught with risk. Bringing ideas into reality takes courage! In *Drawing on Courage*, designer, entrepreneur, and d.school teaching fellow Ashish Goel examines what it takes to be courageous. Using comics to illustrate real-world situations with humor and insight, Goel explains the four stages of every courage journey: fear, values, action, and change. And he helps you develop the skills you need to master each stage (even if it scares you), from embracing fear and defining the values that drive you forward to taking action when you're unsure and adapting to the changes that result from your courage. Each chapter features a series of tools designed to develop a mindset of fearlessness: Open the Tap to generate new ideas; develop A Risky Streak to take the all-important first step; or create an Origin Story to remember your purpose. Whether you're launching a side hustle or trying to convince your company to recycle, creativity takes pluck, nerve, and grit. This indispensable guide will help you develop all of those skills and more.

ASSESSMENT IN PERSPECTIVE

FOCUSING ON THE READER BEHIND THE NUMBERS

Stenhouse Publishers Assessment is an integral part of instruction. For the past decade, the focus on assessment--particularly via high-stakes mandated tests--has shifted away from the classroom and left teachers feeling like they are drowning in data. Assessment is, and needs to be again, much more than a number. *Assessment in Perspective* is about moving beyond the numbers and using assessment to find the stories they tell. This book helps teachers sort through the myriad of available assessments and use each to understand different facets of their readers. It discusses how to use a range of assessment types--from reading conference notes and student work to running records and state tests--together to uncover the strengths and weaknesses of a reader. The authors share a framework for thinking about the purpose, method, and types of different assessments. They also address the questions they ask when choosing or analyzing assessments: * What type of tool do we need: diagnostic, formative, or summative; formal or informal; quantitative or qualitative? * How do we use multiple assessments together to provide an in-depth picture of a reader? * When and how are we giving the assessment? * Do we want to be able to compare our readers to a standard score, or do we need to diagnose a reader's needs? * Which area of reading does this tool assess? * How can we use the information from assessments to inform our instruction? * What information does a particular assessment tell us, and what doesn't it tell us? * What additional information do we need about a reader to understand his or her learning needs? The book emphasizes the importance of triangulating data by using varied sources, both formal and informal, and across multiple intervals. It explains the power of looking at different types of assessments side-by-side with displays to find patterns or inconsistencies. What's more, students are included as valuable sources of data. Letting students in on the process of assessment is key to helping them set goals, monitor their own progress, and celebrate growth. When assessment is viewed in this way, instruction can meet high standards and still be developmentally appropriate.

COURAGE TO CHANGE

THE CHRISTIAN ROOTS OF THE TWELVE-STEP MOVEMENT

Hazelden Publishing The writings of the Reverend Sam Shoemaker, Episcopal minister, are examined in this volume in the light of their contribution to the principles of Twelve Step recovery. *Courage to Change* deals with the influence of Sam Shoemaker on the early years of Alcoholics Anonymous, the writing of the Twelve Steps, and the book *Alcoholics Anonymous*. Bill Wilson proclaimed at the 1955 International AA Convention, "The early AA got its ideas of self-examination, acknowledgment of character defects, restitution for harm done, and working with others straight from the Oxford Group and directly from Sam Shoemaker." The writings of the Reverend Sam Shoemaker, Episcopal minister, are examined in this volume in the light of their contribution to the principles of Twelve Step recovery.

THE COURAGE TO ACT

5 FACTORS OF COURAGE TO TRANSFORM BUSINESS

Nicholas Brealey International Using case studies and self-assessment tools culled from a variety of companies and institutions, the authors identify five factors that determine the success of a business.

THE CHALLENGE OF CHANGE

COURAGE CENTER'S FIFTY YEARS
