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KEY=ENERGIES - MORENO SELINA

Energy, Matter, and Form Toward a Science of Consciousness Heartmath Llc Basic Structures of Reality Essays in Meta-Physics OUP USA In Basic Structures of Reality, Colin McGinn deals with questions of metaphysics, epistemology, and philosophy of mind from the vantage point of physics. Combining general philosophy with physics, he covers such topics as the definition of matter, the nature of space, motion, gravity, electromagnetic fields, the character of physical knowledge, and consciousness and meaning. Throughout, McGinn maintains an historical perspective and seeks to determine how much we really know of the world described by physics. He defends a version of "structuralism": the thesis that our knowledge is partial and merely abstract, leaving a large epistemological gap at the center of physics. McGinn then connects this element of mystery to parallel mysteries in relation to the mind. Consciousness emerges as just one more mystery of physics. A theory of matter and space is developed, according to which the impenetrability of matter is explained as the deletion of volumes of space. McGinn proposes a philosophy of science that distinguishes physics from both psychology and biology, explores the ontology of energy, and considers the relevance of physics to seemingly remote fields such as the theory of meaning. In the form of a series of aphorisms, the author presents a metaphysical system that takes laws of nature as fundamental. With its broad scope and deep study of the fundamental questions at the heart of philosophy of physics, this book is not intended primarily for specialists, but for the general philosophical reader interested in how physics and philosophy intersect. Levels of Energy Lulu.com This is a book on Spectral Consciousness, Reality Creation, Levels of Energy and Emotion and your

Relationship to Infinity. It is dedicated to the Spiritual Development of mankind. The premise of this book is that there are clearly definable, perceivable and achievable qualities or "levels" of energy and that each level corresponds with specific physical, mental and emotional realities. Levels of Energy An Introduction to Spectral Consciousness CreateSpace This is a book on Spectral Consciousness, Reality Creation, Levels of Energy and Emotion and your Relationship to Infinity. It is dedicated to the Spiritual Development of mankind. Table of Contents 0 Your Relationship to Infinity 1 Applications of the Scale 2 The Levels of Energy in Detail 3 Enlightenment 4 Measuring Levels of Energy The premise of this book is that there are clearly definable, perceivable and achievable qualities or "levels" of energy and that each level corresponds with specific physical, mental and emotional realities. The Map of Consciousness Explained A Proven Energy Scale to Actualize Your Ultimate Potential Hay House, Inc An accessible exploration of best-selling author's most famous work, The Map of Consciousness, that helps readers experience healing and transcendence. We are all born with a level of consciousness, an energetic frequency within the vast field of consciousness. And with The Map of Consciousness, we can truly understand the total spectrum of human consciousness. Using a unique muscle-testing method, Dr. David R. Hawkins conducted more than 250,000 calibrations during 20 years of research to define a range of values, attitudes, and emotions that correspond to levels of consciousness. This range of values-along with a logarithmic scale of 1 to 1,000-became the Map of Consciousness, which Dr. Hawkins first wrote about in his best-selling book, Power vs. Force. With the Map, Dr. David R. Hawkins laid out the entire spectrum of consciousness, from the lower levels of Shame, Guilt, Apathy, Fear, Anger, and Pride; to Courage, Acceptance, and Reason; all the way up to the more expanded levels of Love, Ecstasy, Peace, and Enlightenment. These "higher" energy fields are a carrier wave of immense life energy. An essential primer on the late Dr. David R. Hawkins's teachings on human consciousness and their associated energy fields, The Map of Consciousness Explained offers readers an introduction and deeper understanding of the Map, with visual charts and practical applications to help them heal, recover, and evolve to higher levels of consciousness and energy. This book is a light unto the path of any individual who wants to become more effective in any area of life. The Qigong Way - from Body to Energy to Consciousness Science and Human Transformation Subtle Energies, Intentionality and Consciousness William a Tiller "Learn about the substance of your thoughts, and the power of intentionality to alter matter"--Cover back. The Physics of Spirit: God, Heaven and Human Consciousness Lulu Press, Inc Our human body-brain is an exquisitely sophisticated electronic device that generates its own electromagnetic conscious "spirit", and provides that spirit with electromagnetic information about this reality. Our human spirit is made of radio wave energy that can be picked up by an EEG and represented as "brainwaves" on a monitor, rather than the shorter faster bandwidth of visible

light. But when our conscious spirit is compressed and accelerated it can literally become a spirit that is made of visible light. Light can exist as free energy. Which is how our human spirit can survive its body's death to go and live in an environment that is made of whole white light -- heaven, nirvana, paradise, the All. At the speed of light time becomes eternally long. We can live in an eternity of light. As human spirits we are children of the Gods -- a family. Many humans remain spiritual infants or adolescents. But some humans -- we might call them awakened ones -- are learning how to be spiritual adults. The Neural Energy Constant A Study of the Bases of Consciousness Brain Imaging What it Can (and Cannot) Tell Us About Consciousness Oxford University Press The ability to image brain processes non-invasively has created a flood of experiments that fall into two categories—aiming to localize brain performance of abstractions like love, memory or intention—or to identify neuronal activities in response to observable behavior. Star Consciousness Direct, Manage & Transform Your Energy In order to align and resonate with Star Consciousness, which is the skill and wisdom to direct, manage and transform life energy, there are practical and functional steps that can be taken. The Complete Energy Body A Space Age Exploration of Consciousness, Life, and Reality What the Energy Body Is and How It Works We all have an energy body, a blending of energies that surrounds and permeates the physical body. It determines perception and behavior. In addition to chakras and meridians, the anatomy of the energy body includes uniformity, the shape of the energy body; cohesion, the pattern of energy within it; and the assemblage point, indicating the specific pattern of energy. Over centuries of investigation, a lineage of shamans characterized in the books of anthropologist Carlos Castaneda focused on the energy body: what it is, where it comes from, and how it works. In recent decades, a new breed of quantum wavefield scientists has begun to portray the same dynamics discovered by shamans, revealing a multi-dimensional, interactive environment that determines the state of the energy body. Comparing shamanic perspectives with those of scientists from diverse disciplines, The Complete Energy Body presents far-reaching views of the nature of mind, time, and other worlds. This includes profiles of mystical, near-death, and out-of-body experiences as well as reincarnation. Redefining reality, this synergy of shamanism and science yields a robust rendition of space-age consciousness and life. In addition, The Complete Energy Body: reveals that the findings of mystics often precede those of scientists. portrays the effects scientific and mystical worldviews on consciousness. includes a commentary on the best-selling author, Carlos Castaneda. Energies and Patterns in Psychological Type The reservoir of consciousness Routledge This book encapsulates John Beebe's influential work on the analytical psychology of consciousness. Building on C. G. Jung's theory of psychological types and on subsequent clarifications by Marie-Louise von Franz and Isabel Briggs Myers, Beebe demonstrates the bond between the eight types of consciousness Jung named and the archetypal complexes that impart energy and purpose to our emotions,

fantasies, and dreams. For this collection, Beebe has revised and updated his most influential and significant previously published papers and has introduced, in a brand new chapter, a surprising theory of type and culture. Beebe's model enables readers to take what they already know about psychological types and apply it to depth psychology. The insights contained in the fifteen chapters of this book will be especially valuable for Jungian psychotherapists, post-Jungian academics and scholars, psychological type practitioners, and type enthusiasts. The Little Energy Guide 1 Take care of your own Energy Once in a while, we come across people who are not good for us. These are people who try to gain access to our energy in a variety of different ways. By reading the energy guide and following the instructions, you will quickly experience how, consciously, you can hold onto your energy and so be in the best position to make the most of your life. Immortality Is Accessible to Everyone Energy and Biological Aspects of Self-Consciousness Refocusings Ayfaar Foundation Inc. In the first Chapter of Volume 11 (the 7th Chapter of Commentaries to Fundamentals of lissidiology), Oris describes in detail functioning of Formo-Creators of the brain, how the memory is accessed, how biological structures of the brain are associated with energy-information structures of Self-Consciousness, how various Self-Consciousness Levels are differentiated and reprojected at the moment of so-called "Death". This Chapter also describes functioning of "the intestinal brain", how it is possible to cure at a distance (the technique of ethereal projection), gives the meaning of the esoteric term "Astral Plane" from the point of view of lissidiology. The second Chapter tells us that biological Forms can exist in different Continuums and explains the interrelationship between our lifespan and quality of active Levels of our Self-Consciousness. It also provides information on the following subjects: it is possible to "live one's Life many times" in higher-quality scenarios, cycles of changing male and female manifestations within the structure of a multidimensional human Form, physical principles of organization of higher-frequency levels of the Universal Reality with a detailed description of the nature of boson and fermion fields, and types of particles that are carriers of such interaction. The Healing Energy of Shared Consciousness A Taoist Approach to Entering the Universal Mind Simon and Schuster How to connect with universal energy for inner peace, happiness, and individual and global healing • How to transform the energy around us into positive loving energy • How to perform the World Link meditation to unite with global consciousness • How to fuse the observing mind, the conscious mind, and the mind of awareness Western science now recognizes the three "minds" associated with the three tan tiens of Taoism: the observing mind centered in the brain, the conscious mind centered in the heart, and the mind of awareness centered in the lower abdomen. By unifying the three minds--what in Chinese is called Yi--we can transform the energy around us into positive loving energy and be empowered to manifest our goals and dreams. This can lead to a more balanced, less negative way of life and offers a way to gain inner peace,

wholeness, and happiness as well as the ability to heal yourself and others. In *The Healing Energy of Shared Consciousness*, Master Mantak Chia shows how to fuse the three minds and form the Protective Sacred Circle of Fire, which creates a seal around us allowing in only good energy and intentions. He explains step-by-step how to perform the World Link meditation to connect with global and universal energy for inner peace, happiness, and healing. Accessible even for those who have never worked with the Universal Healing Tao, this practice offers a way to unite people all over the world in a form of shared consciousness that amplifies collective loving energy to benefit the world.

Safety of Consumer Products Policy and Legislation in OECD Member Countries ; Report Balance on All Levels with the Crystal and Indigo Energies This book is an expanded and updated version of Anni Sennov's previous book "Crystal Children, Indigo Children and Adults of the Future" and it gives you good all-round insight into what it means to be a New Time Indigo and Crystal child/person and how the Indigo and Crystal energies, now and in the future, will affect everyone's lives, life values and day to day existence on Planet Earth. The Indigo and Crystal energies have already arrived on Earth. Not in the form of a strong white light or a great holy Angel descending from above but through all the children of the New Time born from the mid-1980s onwards and many more New Time children are yet to come. They are born with pure spiritual energy and total balance fully integrated in their bodies. However, for adults with a soul aura structure, the New Time energy does not appear by itself. It must be chosen consciously. You can achieve this through an AuraTransformation, which is a permanent and radical expansion of your personal consciousness. It gives you more radiance, drive and intuition and also helps you to better define who you are and what you want. It is a condition of being aura-transformed that you read this book so that you are fully informed and aware of the effects of integrating the New Time energy into your aura.

Journeys in Spectral Consciousness Lulu.com This is book two in the Levels of Energy series. Book one dealt with the spectrum of emotions and consciousness in everyday life. Book two addresses lower and higher realms of consciousness and the author's personal journeys through these realms. It also shows that the inner circles of the world religions and ancient traditions are familiar with the levels of consciousness and are in fact puzzle pieces to understanding our place in the universe. This book is fundamentally empowering and will help you understand the purpose of life and guide you to more freedom, love, and ability.

Dark Energy and Human Consciousness Humanity's Path to Freedom Balboa Press Nobody knows how life was first breathed into the first atom, molecule, or cell; all biologists can do is to suggest the most reasonable possibilities by analysing the oldest DNA available. Scientists postulate that life emerged from non-life via natural processes about 3.7 billion years ago. It then evolved (and continues to evolve) to higher levels of complexity based on mutation, natural selection, and time. In other words, scientists believe that life is purely a physical phenomenon. There are logical arguments, based on

scientific concepts, suggesting that dark energy is a non-physical force that influences life and is the source of reason, intelligence, compassion, and love. If we acknowledge and nurture this non-physical (dark energy) aspect of our beings, it will bring balance to our minds and move us from selfishness to love, care, and compassion. Is this the path to freedom from selfishness, corruption, abuse of power, and greed; and consequently from poverty, starvation, conflict and war? The Tablets of Light The Teachings of Thoth on Unity Consciousness Simon and Schuster Divine transmissions of light codes to activate hidden keys to conscious evolution within your soul • Transmitted to Danielle Rama Hoffman by Thoth, keeper of the Akashic Records and member of the Council of Light • Contains teachings to awaken oracular vision, re-establish quantum consciousness, activate your Divine Light Body, access spiritual energy technologies, and rediscover the undiluted version of yourself and your soul's purpose • Includes exercises with breathing, hologram-inspired visualization, and unity consciousness Within each of us resides a diamond light seed of Divine consciousness, waiting to be activated. Transmitted to Danielle Rama Hoffman by Thoth, keeper of the Akashic Records and member of the Council of Light, the teachings of the Emerald Tablets of Light enable each of us to reactivate the Divine consciousness that inhabits our souls and transition from separation consciousness into unity consciousness. Engaging you in a multidimensional conversation directly with Thoth, each tablet transmission in this book includes embedded light codes of high vibrational energy and consciousness, which activate hidden keys to conscious evolution within your soul. Offering the opportunity to leave behind and evolve outdated ways of being, such as acting from fear, being restrained by self-consciousness, and hiding your brilliance, the teachings of the Tablets of Light enable you to awaken oracular vision, re-establish quantum consciousness, become vibrationally autonomous, and activate your Divine Light Body. Including breathing exercises, hologram-inspired visualizations, and unity consciousness practices, the Tablets of Light allow you to create tangible results in your daily life as you move higher on the evolutionary scale of divine awakening and develop a divine partnership with Source. Guided by Thoth and his Tablets of Light, you will rediscover the undiluted version of yourself and your soul's purpose, accept your Divine Light Mission as a Divine Incarnate, and set the stage to return in the next life as a fully resurrected Being of Light. Flexing Your Soul Moving with Energy and Consciousness Energetic Movements and Exercises to Energize and Integrate Body, Heart, Mind and Soul. "Finally, a book that takes you through the entire body, integrating physical body sections with the energetic processes of the chakras. With concise explanations, and clear photos, this book will be a welcome reference to somatic therapists, energy workers, and those who want to work toward greater aliveness." Anodea Judith, Ph.D., author of "Wheel of Life" and "Eastern Body, Western Mind" The Crystal Human and the Crystallization Process Part II About the Body Crystallization Phase and Children/Adolescents of the New Time Subtitle: About the

Body Crystallization Phase and Children/Adolescents of the New Time. As in any good fairytale, the hero must endure an awful lot before happiness and balance occur. The same applies to adults with Crystal Energy in their consciousness, because they are facing a long Crystallization Journey that aims to carry their Spiritual Energy into the visible sphere of their aura, body and personal network, which is what 'The Crystal Human and the Crystallization Process Part I' and 'Part II' are about. The books are timely, practical, down-to-earth guides for understanding the consciousness lift that many people are experiencing in the years around 2012. Timely - because they deal with all physical and spiritual aspects in relation to the Crystallization Process which is actively underway. Practical - because they explain all problems related to cause/effect. Present - because the books are packed with personal cases written by people who have personally experienced the spirit's journey into their body. Down to earth - because they do not idealize spirituality and because they explain and make suggestions that the reader can apply on a daily basis. 'The Crystal Human and the Crystallization Process Part I' and 'The Crystal Human and the Crystallization Process Part II' are vitally important books worth reading that contain knowledge that is nowhere else to be found. Read the books and be at the cutting edge of the Crystal Energy's entry to this Earth. Kundalini for Beginners Awaken Your Kundalini Energy, Achieve Higher Consciousness, Expand Your Mind, Decalcify Pineal Gland The Path of Energy Awaken Your Personal Power and Expand Your Consciousness Red Wheel/Weiser Publisher's Note: A new edition has replaced this book under the title Subtle Energy Work, ISBN 9781637480083. A unique guide to principles, practices, and exercises that help you access your energy awareness and live a more empowered life. Learning to consciously interact in the domain of subtle energy is the next step in personal and planetary transformation. The Path of Energy is a unique handbook of principles, practices and exercises to help you access your energy awareness and live a more empowered life. In the book are 13 meditations that activate patterns of light within your energy body to awaken specific abilities and levels of awareness. Each meditation includes benefits and purpose, step-by-step written directions augmented with line drawings, and an interpretive illustration of the completed energy pattern. Subtle energy is more than life force; it is the substance of reality and the vehicle of consciousness. Your body is wired to navigate this domain. You are equipped with everything needed to engage the world of energy and creatively change your life. You simply need to remember how. The Path of Energy is a guide to living with expanded consciousness. Included are techniques that build energy awareness and use this skill to deepen your spiritual path, intimacy in relationships, align with earth energy, clear space, create protection, manifest goals, facilitate healing, and more. Enlightenment Journal BalboaPress The wisdom and knowledge, the frequencies of love and light shall expand the higher self of all who integrate the words spoken within the pages of this enlightenment journal. The teachings and techniques channeled through infinite

masters shall awaken your inner oneness of consciousness and so allow your infinite journey to begin. Mastering Consciousness. Mastering Energy. Independently Published Learn how to use the power of consciousness, energy, and subconscious programming to create the life you desire. Master your emotions so other people's negativity won't affect you. Additionally, learn how to change other's perception of you. The image they are holding may be outdated or inaccurate. Learn how to change that. By mastering consciousness and mastering energy you become the master of your life and everything in it. A Higher State of Consciousness Powerful Ways to Navigate in Today's World The aim of this handbook is to share what I have learned about obtaining a Higher State of Consciousness (HSC) whilst navigating through the various energies that we come across in daily life. That on a conscious level, you can tune in to the universe while going about your daily business. The aim is to connect to all life forms, feel all life forms so that you can transcend the lowly energies of daily life such as the bad boss, the crowded train or anything else that you find unpleasant. You will learn to not succumb to lowly energies and thereby become open to a more spiritual and fulfilling way of life. You will gain a give and take with the universe and learn to manifest whatever you wish. And you will overcome daily obstacles easily and efficiently through the grace of being a person with a HSC. Essays on Conscious Development CreateSpace Consciousness begins with bodily awareness, your simple sense of being present, your rudimentary sense of self. Your bodily awareness possesses the innate intention to be conscious. Paying attention means exercising your intention to be conscious. Attention begins by vesting energy into sensory awareness, thereby intensifying awareness and increasing its byproduct which is bodily awareness. This heightens your sense of being present, your consciousness. The energy of which you consist increases and accelerates under the pressure of attention and is converted into conscious energy, the Force of consciousness. There is an energetic medium that interpenetrates the physical body. It is the medium of sensation and perception. Under the pressure of attention, this energy is converted into conscious energy and develops into an energetic body. The energetic body grows within the physical body. A fully developed energetic body is fully conscious and constitutes the immortal soul. Consciousness and Energy, Volume 4: Trump, The Sting, The Catastrophe Cycle and Consciousness Consciousness and Energy Consciousness and Energy, Vol. 4 started out as an essay titled, Trump and The Sting. When people wrote asking for a sequel, Penny Kelly went looking for the latest information about what was happening in the United States and the world. Although she started out quite optimistic, she began to see worrisome developments across the U.S. that lined up with information from the little men in brown 'Robes' many years earlier. Then, unexpectedly, she came across highly disturbing scientific information. Coming from the areas of geology, astronomy, paleontology, physics, and several other disciplines, this was information providing answers long-sought but never satisfied until 2018. Although

there had been an effort to keep the information hidden for many decades, the truth about the sun's nova process began coming out. This was known in ancient days as the Catastrophe Cycle, and sometimes as the Lord's Day of Judgment. The 'Lord' was a term that referred to the sun, and the 'day of judgment' was the day that the micro-nova occurred. From an effort to track what was happening behind the scenes in Washington DC, to the shock of discovering that we were facing a micro-nova, to the realization that she had not understood a number of the deep and powerful messages from the little men in brown robes, to the discovery of a date for the massive event, this is a journey that brings us face-to-face with the fact that our best--and maybe our only--hope is the full development of consciousness. The Higher Self & Lower Self Lulu.com This book named as "The Higher Self and the Lower Self," provides the "questioning reader" those important pieces of information, which "Awakens" or add on more "Vital Conscious Energy Vibrations" to the evolving "Embodied Consciousness" of the incarnated "form container", known in Sanskrit language as a "Kosha", which is commonly referred to as the "physical body" of conscious existence, having a "given name", which is provided after "incarnation" by the family elders upon this physical plane of planet earth, in most cases by the caring and loving "Parents", who perform the "Name Giving Ritual". God, Energy and the Field Christian Alternative God, Energy & the Field explores the idea that consciousness is the witness which experiences the flow of energy. Consciousness is man's ability to feel, to know and to detect energy. God manifests as creative energy. God is the Supreme Consciousness, the source of the creative field of energy. Creative energy is God's free and undeserved gift to us. There is no other source of energy than Divine Energy. Since Christians believe they owe their existence to this source, this energy is a participation in the life of the God. Christians may think of creation as the continuous bursting forth of Divine Energy. The Big Bang was an explosion of energy: an explosion of God's love given material form. The Matrix Energetics Experience Kit Shift Your Consciousness with the Healing Energies and Hidden Frequencies of the Universe Sounds True Science has spent centuries trying to define the laws of the universe. But in this modern era of breakthroughs and quantum physics, what have we finally learned? "It turns out that the laws of the universe are just waiting for us to break them," explains Richard Bartlett. With The Matrix Energetics Experience, this extraordinary teacher invites you to learn the art of rewriting any rule of your reality—about your health, your happiness, or even your understanding of what is physically possible. What is Matrix Energetics? Born from a set of potent energetic treatments that Bartlett discovered in his chiropractic practice, Matrix Energetics has evolved into a "technology of consciousness" for insight, healing, spiritual growth—and living a life unbound by the limits we have been trained to believe in. "Once you learn to catch the wave of Matrix Energetics, it can become whatever you let it," Bartlett explains. "Some of my students have developed abilities I've never dreamed of having." As quantum physics

implies, we live in a universe made of consciousness and light, where what we think of as “real” can shift as quickly as our minds let it. Now Richard Bartlett takes you on a freewheeling, playful, and possibility-expanding journey that will shatter your preconceptions about the seemingly “solid” universe we live in—and how unlimited your potential to change it truly is. If you are ready to embrace a reality where anything goes, miracles happen, and nothing is beyond your reach, then you are ready for The Matrix Energetics Experience. A Multi-Format Experience of Matrix Energetics Six audio sessions of Richard Bartlett’s Matrix Energetics workshop—an unforgettable tour de force of wisdom, science, humor, and the art of transforming your life in the blink of an eye An 87-page workbook featuring the Two-Point Technique for healing and discovery, the 21 Fundamental Frequencies of the universe, and exercises for breaking down your subconscious limitations A 49-minute DVD of Matrix Energetics in action, including live demonstrations and an eye-opening interview with Richard Bartlett Forty-one cards with details of the properties of the 21 Fundamental Frequencies and 20 inspiring and mind-expanding contemplations The Psychology of Consciousness Psychology Press First Published in 1999. Routledge is an imprint of Taylor & Francis, an informa company. Modern History - Another Perspective on Our World BoD - Books on Demand Modern history completes and updates the previous four books, giving the remaining pieces of the puzzle to grasp our reality, its history, the otherworldly races, the enhanced humans and what current day humans are and can become. It is a must read for the ones that want to progress and do their higher awareness work in 2018 and onward. And all that is left to say is: Creating a new human paradigm begins with creating a new type of human. It is that simple. It all begins with one person. You. Crystal Skulls Expand Your Consciousness Light Technology Publishing Humans -- creators in training -- have a purpose and destiny so heartwarmingly, profoundly glorious that it is almost unbelievable from our present dimensional perspective. Humans are great lightbeings from beyond this creation, gaining experience in dense physicality by slowing down the creative process in order to feel the results and consequences of their decisions and actions. This truth about the great human genetic experiment of the Explorer Race and the mechanics of creation is being revealed for the first time by Zoosh and his friends as humanity begins to awaken to its true nature. Zoosh and a great assortment of beings who have never spoken to the physical plane before -- from particles to All That Is -- speak vibrantly through superchannel Robert Shapiro. Each personality has its own knowing, perception and expertise as it shares its history, its present focus and the awesome truth about humanity's mission. The books read like adventure stories as we follow the clues from Diamonds Living Their Spiritual Consciousness Physical Material Energy Art God Light Createspace Independent Publishing Platform All God diamonds have us living His spiritual consciousness on the physical and material plane. Kundalini Awakening Guided Meditation Techniques to Increase Energy, Achieve Higher Consciousness, Heal Your

Body, Gain Enlightenment, Expand Mind Power, Enhance Psychic Abilities, Intuition Createspace Independent Publishing Platform Kundalini Awakening: Guided Meditation Techniques to Increase Energy, Achieve Higher Consciousness, Heal Your Body, Gain Enlightenment, Expand Mind Power, Enhance Psychic Abilities, and Intuition is the #1 top guide that will help you unleash your potential and unlock your full power through guided meditation techniques. What was once a guarded secret is now revealed in this book. Now, you too can use these secret techniques! Learn about Kundalini, chakras, Prana, and more and how to use them to realize your higher capabilities. If your goals are to enrich your spirituality and enhance your mind and psychic abilities -- maybe even gain enlightenment -- then this book will guide you toward them. Kundalini Awakening will help you connect with your Divine Purpose within and spark the uncoiling of Kundalini. These things will all be taught by going back to the very basics to when and how Kundalini Yoga & Meditation was originally created, which is one of the main goals of Kundalini Awakening. It is my hope that the knowledge within this book will help you begin this grand move forward in harnessing your psychic abilities and achieving a better peace of mind... In this book you'll learn: Spiritual Awakening The science of the Third Eye Astral Projection Vibrational Energies Mastering Our Minds Achieving Peace of Mind Understanding of Kundalini Knowledge of Various Mudra The Healing Power of Mantras History of the Sikh Gurus Levels of the Astral Plane Animal Teachings and Healing The Power of Healing Plants Residual Energies All Spiritual Planes and Dimensions Communication with Spiritual Guides Focusing on Our Vibrational Energies Reiki Healing Cleansing of the Auric Field Positive and Negative Effects of Our Environments The Meaning of Chi The Power of Kundalini The Ability to Achieve Inner Peace Grounding Our Vibrational Waves Importance of Human Trial And so much more! This book will change your life and free yourself from negative energies. NOW is the time to make a change and live a happier life! --- Get your copy of Kundalini Awakening today! --- The Odic Energy Physics of Consciousness and the Paranormal Auras, ESP, Telepathy, and Anti-Gravity Clearing Crystal Consciousness Brotherhood of Life Books