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KEY=WEEK - MICHAELA JAQUAN

The 12 Week Year Field Guide Get More Done In 12 Weeks Than Others Do In 12 Months [John Wiley & Sons](#) Update your thinking and avoid complacency with the 12 week year Are you ready to change your life? This hands-on template for implementing advice from the game-changing book **The 12 Week Year** is a study guide that makes it easy for anyone to apply the 12 week year to their own lives. Instead of getting bogged down in annualized thinking that produces pitfalls and saps productivity, follow along with this guide to redefine your “year” to be just 12 weeks long. By doing so, you’ll avoid complacency, begin to focus on what matters most, create better clarity, and develop a sense of urgency so that “now” is always the right time to act. Applicable to business growth, career goals, and life in general, the 12 week plan will help you improve in any—or every—area. By closing the “knowing-doing gap,” you’ll discover how to execute on what you already know and greatly expand the boundaries of your capabilities. Learn to: Create your personal and business visions with step-by-step tips Develop your own 12 week plan by applying what you know to what you do Put over 10 years of field-tested content, exercises, and templates to work for you Build a 12 week commitment and apply the system to your own life and business Take back your life, improve your thinking, and advance your business or career by implementing real-world, hands-on methods in **The 12 Week Year Study Guide. Writing Your Journal Article in Twelve Weeks A Guide to Academic Publishing Success** [SAGE](#) `A comprehensive, well-written and beautifully organized book on publishing articles in the humanities and social sciences that will help its readers write forward with a first-rate guide as good company.' - Joan Bolker, author of *Writing Your Dissertation in Fifteen Minutes a Day` Humorous, direct, authentic ... a seamless weave of experience, anecdote, and research.* - Kathleen McHugh, professor and director of the UCLA Center for the Study of Women Wendy Laura Belcher's *Writing Your Journal Article in Twelve Weeks: A Guide to Academic Publishing Success* is a revolutionary approach to enabling academic authors to overcome their anxieties and produce the publications that are essential to succeeding in their fields. Each week, readers learn a particular feature of strong articles and work on revising theirs accordingly. At the end of twelve weeks, they send their article to a journal. This invaluable resource is the only guide that focuses specifically on publishing humanities and social science journal articles. **The 12 Week Year Get More Done in 12 Weeks than Others Do in 12 Months** [John Wiley & Sons](#) The guide to shortening your execution cycle down from one year to twelve weeks Most organizations and individuals work in the context of annual goals and plans; a twelve-month execution cycle. Instead, **The 12 Week Year** avoids the pitfalls and low productivity of annualized thinking. This book redefines your “year” to be 12 weeks long. In 12 weeks, there just isn't enough time to get complacent, and urgency increases and intensifies. **The 12 Week Year** creates focus and clarity on what matters most and a sense of urgency to do it now. In the end more of the important stuff gets done and the impact on results is profound. Explains how to leverage the power of a 12 week year to drive improved results in any area of your life Offers a how-to book for both individuals and organizations seeking to improve their execution effectiveness Authors are leading experts on execution and implementation Turn your organization's idea of a year on its head, and speed your journey to success. **The 12 Week Year for Writers A Comprehensive Guide to Getting Your Writing Done** [John Wiley & Sons](#) Get more words on the page with this proven and popular system **The 12 Week Year for Writers: A Comprehensive Guide to Getting Your Writing Done** is an easy-to-implement and practical framework for writers to get more work done in less time. You’ll answer big picture questions—What is my vision for the future? What are my writing goals?—while enacting a comprehensive system to plan and execute your writing. You’ll create a **12 Week Plan** and a **Model Week**, collaborate with a weekly writing group, keep score, and learn to stick to a weekly execution routine. The book will also show you how to: Manage multiple writing projects at the same time Develop a prolific writer’s mindset and increase your output with the **12 Week Year** system Deal with actionable specifics, like when and where to write Ideal for writers in all genres and fields, **The 12 Week Year for Writers** is the perfect hands-on guide for academic and business writers, authors, students, columnists, bloggers, and copy and content writers who seek to increase their productivity and get more quality words on the page. **Handbook of Applied Dog Behavior and Training, Adaptation and Learning** [John Wiley & Sons](#) Twenty-five years of study and experience went into the making of this one-of-a-kind reference. Veterinarians, animal scientists, dogowners, trainers, consultants, and counsellors will find this book a benchmark reference and handbook concerning positive, human management and control of dogs. Reflecting the author's extensive work with dogs, this book promises thorough explanations of topics, and proven behavioural strategies that have been designed, tested, and used by the author. More than 50 figures and tables illustrate this unique and significant contribution to dog behaviour, training, and learning. **A Comprehensive Guide to Hidradenitis Suppurativa - eBook** [Elsevier Health Sciences](#) Despite being a relatively straightforward clinical diagnosis, recognition of hidradenitis suppurativa (HS) is highly variable, and clinical management is challenging and complex. Written by the world’s leading experts in HS, **A Comprehensive Guide to Hidradenitis Suppurativa** brings together up-to-date scientific evidence on the diagnosis, patho-mechanisms, comorbidities, and multi-faceted medical and surgical interventions for this debilitating condition—in one convenient reference. Covers every aspect of this complex skin disorder: etiology, pathophysiology, epidemiology, medical, alternative therapies, a range of surgical options, laser treatments, and comorbidities. Discusses specific patient populations such as children, women of childbearing potential, and pregnant and breastfeeding women. Because HS has higher prevalence in people of skin of color, this patient population is well-documented in the text. Offers insights into multi-disciplinary care, patient support and education, patients at risk for rapid disease progression, and clinical and translational research. Features procedural videos covering laser therapies, de-roofing procedures, excisions and closure techniques, cryoinflation techniques, and special wound care material selection and techniques. Includes recent FDA-approved drugs as well as those drugs and therapies that show future promise. Identifies evidence gaps that provide a springboard to the future innovations in HS care to come. Edited and authored by global experts who have co-authored 2019 U.S. and Canadian guidelines on hidradenitis suppurativa. **Challenging Depression: The Go-To Guide for Clinicians and Patients (Go-To Guides for Mental Health)** [W. W. Norton & Company](#) An up-to-the-minute handbook about this common problem. Depression is one of the most common problems for people going to therapy. This book presents an overview of this condition, including its causes, methods of diagnosis and treatment, and suggestions for getting the most out of treatment. It pays particular attention to the benefits and drawbacks of medications to treat depression. **Report MYCDCGP - Clinical Practice Guidelines - Management of HIV Infection in Children February 2008** [BKPKKM](#) **Handbook of Research on Determining the Reliability of Online Assessment and Distance Learning** [IGI Global](#) Though in the past online learning was considered of poorer professional quality than classroom learning, it has become a useful and, in some cases, vital tool for promoting the inclusivity of education. Some of its benefits include allowing greater accessibility to educational resources previously unattainable by those in rural areas, and in current times, it has proven to be a critical asset as universities shut down due to natural disasters and pandemics. Examining the current state of distance learning and determining online assessment tools and processes that can enhance the online learning experience are clearly crucial for the advancement of modern education. **The Handbook of Research on Determining the Reliability of Online Assessment and Distance Learning** is a collection of pioneering investigations on the methods and applications of digital technologies in the realm of education. It provides a clear and extensive analysis of issues regarding online learning while also offering frameworks to solve these addressed problems. Moreover, the book reviews and evaluates the present and intended future of distance learning, focusing on the societal and employer perspective versus the academic proposals. While highlighting topics including hybrid teaching, blended learning, and telelearning, this book is ideally designed for teachers, academicians, researchers, educational administrators, and students. **Psychiatry Review and Canadian Certification Exam Preparation Guide** [American Psychiatric Pub](#) The first comprehensive psychiatry review textbook, designed expressly for the Canadian market, **Psychiatry Review and Canadian Certification Exam Preparation Guide** is the resource residents and psychiatrists need to master the qualifying examinations in psychiatry of the Royal College of Physicians and Surgeons of Canada. These exams are required for certification both for graduating residents and most foreign-trained psychiatrists seeking to practice in Canada. This new volume, based on **The American Psychiatric Publishing Board Review Guide for Psychiatry**, has been carefully edited to include only material relevant to the Canadian exam. References have been taken from both the U.S. and Canadian psychiatric literature, and laboratory units, medication names and doses, and the language used have been edited to be consistent with Canadian psychiatry. The volume takes the reader from the basic sciences comprising the foundation of psychiatry, through the psychiatric interview and other diagnostic topics, to syndrome-specific chapters paralleling DSM-IV-TR, and finally to current treatment options. Rounding out the review is a 200-question practice exam that reflects the structure of the actual board examinations. Although no substitute for quality medical and residency training, **Psychiatry Review and Canadian Certification Exam Preparation Guide** will help the prospective exam-taker ameliorate weaknesses and enhance strengths in preparation for a successful exam experience. **Handbook of Urticaria An Initiative of GA2LEN Urticaria Centers of Reference and Excellence (UCARE)** [Jaypee Brothers Medical Publishers](#) Urticaria, commonly known as ‘hives’, is a skin rash which can have allergic and non-allergic causes. This handbook is an initiative of the Global Allergy and Asthma European Network (GA2LEN) Urticaria Centers of Reference and Excellence (UCARE). Divided into 22 sections, the text begins with an overview of urticaria, its classification, and aetiopathogenesis. The next chapters describe different types of urticaria, diagnostic measures, and therapeutic management. The final sections examine urticaria in children, in the elderly, in pregnancy and lactation, and in kidney, liver and cardiac disease. A separate chapter covers patient education material. Authored by renowned worldwide experts, the text is further enhanced by clinical images, tables and figures to assist learning. **British Association of Dermatologists' Management Guidelines** [John Wiley & Sons](#) Evidence-based, peer reviewed, best-practice management guidelines for dermatologists Incorporates the basic guidelines that have been expanded with extra material including: Web address for the guideline Editorial comment Links to additional guidelines from other international organizations Links to the BAD’s patient-information leaflets Other patient-oriented information. The guidelines themselves are grouped for ease of use into: Dermatoses Infections Neoplasms Specific therapeutic agents The guidelines provide a thoroughly rounded and grounded approach to best-practice dermatologic management using evidence-based principles with additional access to patient-oriented information. For fast access to proven standards of care, dermatologists worldwide can turn to the BAD Management Guidelines with confidence. **Attitude is Your Paintbrush It Colors Every Situation** [Abingdon Press](#) Thirteen ways to turn a negative

attitude into one that blesses you and the people around you. Roberts Academic Medicine Handbook A Guide to Achievement and Fulfillment for Academic Faculty Springer Nature This authoritative, updated and expanded title serves as the gold-standard resource to assist physicians, clinicians, and scientists in developing effective and satisfactory careers in academic medicine. Covering such critical topics as finding one's path in academic medicine, getting established at an institution, approaching work with colleagues, writing and reviewing manuscripts, conducting empirical research, developing administrative skills, advancing one's academic career, and balancing one's professional and personal life, each chapter includes valuable career pointers and best practice strategies, as well as pithy words to the wise and questions to ask a mentor or colleague. Building on the success of the first edition, the Roberts Academic Medicine Handbook: A Guide to Achievement and Fulfillment for Academic Faculty, 2nd Edition includes new case examples and updated references, as well as many new and timely chapters on topics such as public speaking, working with the media, working with community-based organizations, philanthropy, and finding meaning and a sense of belonging in one's work. The Roberts Academic Medicine Handbook, 2nd Edition is an indispensable resource for all professionals entering or already established in academic medicine who wish to achieve a fulfilling career. Handbook of Depression, Third Edition Guilford Publications An authoritative reference on depression and mood disorders, this volume brings together the field's preeminent researchers. All aspects of unipolar and bipolar depression are addressed, from genetics, neurobiology, and social-contextual risk factors to the most effective approaches to assessment and clinical management. Contributors review what is known about depression in specific populations, exploring developmental issues across the lifespan as well as gender and cultural variables. Effective psychosocial and biological treatments are described in detail. Each chapter offers a definitive statement of current theories, methods, and findings, and identifies key questions that remain to be answered. New to This Edition *Incorporates cutting-edge research (including findings from international, multisite, integrative, and longitudinal studies), treatment advances, and changes to diagnostic criteria in DSM-5. *Chapters on comorbidity with anxiety disorders and emotional functioning in depression. *Expanded coverage of bipolar disorder, now the focus of three chapters (clinical features, risk and etiological factors, and treatment). *Many new authors and extensively revised chapters. Handbook of Research on Recent Developments in Materials Science and Corrosion Engineering Education IGI Global The latest research innovations and enhanced technologies have altered the discipline of materials science and engineering. As a direct result of these developments, new trends in Materials Science and Engineering (MSE) pedagogy have emerged that require attention. The Handbook of Research on Recent Developments in Materials Science and Corrosion Engineering Education brings together innovative and current advances in the curriculum design and course content of MSE education programs. Focusing on the application of instructional strategies, pedagogical frameworks, and career preparation techniques, this book is an essential reference source for academicians, engineering practitioners, researchers, and industry professionals interested in emerging and future trends in MSE training and education. The Skills System Instructor's Guide An Emotion-Regulation Skills Curriculum for All Learning Abilities iUniverse Having the capacity to benefit from emotions, rather than being paralyzed by them, offers people the opportunity to navigate difficulties, while being able to face life, relationships, and themselves with courage, grace, and strength. In "The Skills System Instructor's Guide," author Julie F. Brown provides a curriculum for helping people improve emotion regulation capacities, which allows the person to actively participate in both joyful and challenging aspects of life. The guide presents nine simple, user-friendly adaptive coping skills effective for individuals of diverse learning abilities. Based on Dialectic Behavior Therapy principles, the Skills System helps people of all ages learn to effectively regulate emotions, thoughts, and actions to reach personal goals. PRAISE FOR "The Skills System Instructor's Guide" "In this instructor's guide, Julie Brown provides a clear step-by-step introduction to the emotion regulation skills curriculum that she has developed over the course of two decades of work with individuals with learning challenges and emotional difficulties. Brown succeeds admirably where few others have even dared to set foot. Complex emotion regulation challenges are broken down into manageable problems using a series of steps that people of many different skill levels can apply for themselves. At once simple and sophisticated, this guide is a must for anyone who works with, or cares for, someone with emotion regulation difficulties." -James J. Gross, PhD, professor of psychology, Stanford University; editor, "Handbook of Emotion Regulation" "This practical Skills Training Handbook fills a critical need of providing Dialectical Behavior Therapy based techniques and related treatment procedures to individuals with emotional and intellectual challenges. KUDOS Julie Brown." -Donald Meichenbaum, PhD, Distinguished Professor Emeritus, University of Waterloo, Ontario, Canada; Research Director of the Melissa Institute for Violence Prevention Miami, Florida "Purchase this book and you will return to it again and again. The Skills System offers a concise, ultra-pragmatic skills training approach with comprehensive, step-by-step curriculum materials, great for teaching emotion regulation to learners of all abilities. Both experienced and novice skills trainers will love her tool kit of teaching strategies!" -Dr. Kelly Koerner, PhD, Evidence-Based Practice Institute, Seattle; editor, "Dialectical Behavior Therapy in Clinical Practice: Applications across Disorders and Settings" Spacecraft Water Exposure Guidelines for Selected Contaminants National Academies Press The International Space Station is a closed and complex environment, so some contamination of its internal atmosphere and water system is expected. To protect space crews from contaminants in potable and hygiene water, the National Aeronautics and Space Administration (NASA) requested that the National Research Council (NRC) provide guidance on how to develop water exposure guidelines and review NASA's development of the exposure guidelines for specific chemicals. NASA selects water contaminants for which spacecraft water exposure guidelines (SWEGs) will be established; this involves identifying toxicity effects relevant to astronauts and calculating exposure concentrations on the basis of those end points. SWEGs are established for exposures of 1, 10, 100, and 1,000 days. This report is the second volume in the series, Spacecraft Water Exposure Guidelines for Selected Chemicals. SWEG reports for acetone, alkylamines, ammonia, barium, cadmium, caprolactam, formate, formaldehyde, manganese, total organic carbon, and zinc are included in this report. The committee concludes that the SWEGs developed for these chemicals are scientifically valid based on the data reviewed by NASA and are consistent with the NRC (2000) report, Methods for Developing Spacecraft Water Exposure Guidelines. SWEG reports for additional chemicals will be presented in a subsequent volume. Guidelines Teacher's Manual A Cross-Cultural Reading/Writing Text Cambridge University Press Guidelines, Third edition, is an advanced reading and writing text designed specifically to strengthen students' academic writing. The Teacher's Manual to Guidelines first introduces the content and structure of the student's book and offers general advice on the teaching of writing. The Manual then details approaches to each reading, each set of guidelines, and each task. Sample lesson plans and answers to exercises are included. Guidelines for Saving Energy in Existing Buildings Engineers, Architects, and Operators Manual (ECM 2) This report is intended for engineers, architects, and skilled building operators who are responsible for analyzing, devising, and implementing comprehensive energy conservation programs. It includes energy conservation measures which can result in further energy savings of 15 to 20% with an investment cost that can be recovered within 10 years through lower operating expenses. Pregnancy Tips-Weekly Guides Amit Bhawani Peterson's Annual Guides to Graduate Study Therapeutic Exercise for Musculoskeletal Injuries 4th Edition Human Kinetics Updated with the latest in contemporary science and peer-reviewed data, Therapeutic Exercise for Musculoskeletal Injuries, Fourth Edition, prepares students for real-world applications while serving as a referential cornerstone for experienced rehabilitation clinicians. A Guide to Treatments That Work Oxford University Press, USA Like its predecessors, this fourth edition of A Guide to Treatments That Work offers detailed chapters that review the latest research on pharmacological and psychosocial treatments that work for the full range of psychiatric and psychological disorders, written in most instances by clinical psychologists and psychiatrists who have been major contributors to that literature. Similarly, the standards by which the authors were asked to evaluate the methodological rigor of the research on treatments have also remained the same. Each chapter in A Guide to Treatments That Work follows the same general outline: a review of diagnostic cues to the disorder, a discussion of changes in the nomenclatures from DSM-IV to DSM-5, and then a systematic review of research, most of which has been reported within the last few years, that represents the evidence base for the treatments reviewed. In all, 26 of the volume's 28 chapters review the evidence base for 17 major syndromes. Featuring this coverage is a Summary of Treatments that Work, an extended matrix offering a ready reference by syndrome of the conclusions reached by the chapter authors on treatments that work reviewed in their chapters. New to this edition are two chapters at the beginning of the book. Chapter 1 details two perplexing issues raised by critics of DSM-5: the unrealized potential of neuroscience biomarkers to yield more accurate and reliable diagnoses and the lingering problem of conflicts of interest in pharmaceutical research. Chapter 2 contrasts Native American and western ways of identifying effective treatments for mental and physical disorders, concluding that "evidence-informed culture-based" interventions sometimes constitute best practices in Native communities. Two chapters detailing pharmacological treatments for pediatric bipolar disorder (Chapter 9) and pediatric depressive disorder (Chapter 12) have also been added. More than three quarters of the chapters are written by colleagues who also contributed to most or all of the previous editions. Hence, this new edition provides up-to-date information on the quality of research on treatment efficacy and effectiveness provided by individuals who know the research best. Guidelines for Saving Energy in Existing Buildings: Engineers, architects, and operators manual Handbook of Depression in Alzheimer's Disease IOS Press Advances in healthcare have led to an extended life expectancy throughout the developed world, but cognitive impairment in later life, and Alzheimer's disease (AD) in particular, remains one of the intractable problems which can blight quality of life as we age. Depression in Alzheimer's disease is an additional factor which has a significant impact on disability, disease progression, and caregiver burden. This book, volume 4 of the Advances in Alzheimer's Disease book series which is published in coordination with the Journal of Alzheimer's Disease, presents papers which reflect the progress in recent years of research into depression in AD. This research has focused on several areas, including the improvement of diagnostic criteria and outcome measures for depression and depressive symptoms in AD, genetic and imaging studies to elucidate the neurobiological mechanisms, and clinical trials of antidepressants. The book is divided into sections on phenomenology, epidemiology, neuropsychology, neurobiology and neuropathology, neuroimaging, genetics, and treatment. Providing a stimulus to further research in this challenging area by engaging both basic and clinical researchers, this book will be of interest to all those whose work involves understanding and dealing with depression in those suffering from Alzheimer's disease. Becoming a Public Relations Writer Instructor's Manual A Writing Process Workbook for the Profession Routledge Using no-nonsense language, realistic examples, easy-to-follow steps and practical exercises, this book guides students through various types of public relations writing. A focus on ethical and legal issues is woven throughout, with examples and exercises that deal with public relations as practiced by corporations, non-profit agencies, and other types of organizations large and small. In addition, the book addresses the most comprehensive list of public relations writing formats to be found anywhere--from old standbys like news releases to electronic mail and other opportunities in new technologies. Laying the foundation for an integrated approach that touches on public relations advertising and direct mail, this second edition is divided into four parts. Part I deals with principles of effective writing useful in all disciplines. Part II focuses on news as the bridge an organization can build to its various publics. Part III takes you through a variety of writing formats and environments that provide an internal or controlled approach. Part IV is the wrap up that pulls together the various writing styles presented in this book as part of an integrated communication package. Becoming a Public Relations Writer is a different kind of textbook for college and university students. It provides writing instruction for people preparing to enter the profession and guides students with models and step-by-step patterns designed to increase competence and build confidence in students on their way to becoming public relations writers. The Sydney Handbook of Anxiety Disorders A Guide to the Symptoms, Causes and Treatments of Anxiety Disorders [Kindle Edition] The University of Sydney This book presents a comprehensive guide to anxiety disorders, a major mental health concern in Australia. It uniquely explores a biopsychosocial model adopted by the University of Sydney. Anxiety disorders are common psychiatric conditions with a devastating effect on quality of life that is often underestimated. Unfortunately, anxiety is as misunderstood among patients and health practitioners as it is common. While more than 14 percent of Australians exhibit symptoms of anxiety disorders,

only half seek treatment. Of great concern is the fact that 40 percent of those who do seek treatment receive misguided advice. Despite this alarming news, there is hope. The Australian mental health community, particularly the faculty of the University of Sydney, is rallying around anxiety research and clinical treatment. The Sydney Handbook of Anxiety Disorders presents the latest and most comprehensive information on the diagnosis and treatment of anxiety. This guide clearly lays out a biopsychosocial model for understanding anxiety that involves biological activity of the brain, psychological theories on attachment, conditioning, cognition and recognition of social triggers. New and traditional psychological and pharmacological treatment options are meticulously analysed in simple language, while case studies give real-life examples of diagnosis and treatment plans. The Sydney Handbook of Anxiety Disorders shares the experience and expertise of the best medical doctors and mental health specialists in Australia. The result is a must-read manual for anxiety sufferers and those who treat them. [Phototherapy, An Issue of Dermatologic Clinics E-Book Elsevier Health Sciences](#) This issue of Dermatologic Clinics, guest edited by Elizabeth A. Buzney, MD, is devoted to Phototherapy. Articles in this important issue include: Nuts and Bolts: Optimizing Narrowband UVB Phototherapy Regimens for Psoriasis; The (Lost) Art of Managing PUVA Phototherapy; Distinguishing Myth from Fact: Photocarcinogenesis and Phototherapy; How Does It Work: The Immunology underlying Phototherapy; Phototherapy for Vitiligo; Phototherapy in Skin of Color; Phototesting Protocols and Interpretation and Managing Photodermatoses with Phototherapy; Utilizing UVA-1 Phototherapy; Using Phototherapy in the Pediatric Population; Home Phototherapy; Phototherapy for Cutaneous T-Cell Lymphoma; Creating and Managing a Phototherapy Center; Phototherapy for Itch; Beyond the Booth: Excimer Laser for Cutaneous Conditions; and Feeling the Burn: Phototoxicity and Photoallergy. Families Bereaved by Alcohol or Drugs Research on Experiences, Coping and Support [Taylor & Francis](#) Individuals bereaved by the drug- or alcohol-related death of a family member represent a sizeable group worldwide. Families Bereaved by Alcohol or Drugs is the long-awaited result of an important and ambitious research project into the experiences commonly encountered by members of this stigmatized and vulnerable group. Based on focus groups with the practitioners and service personnel who support grieving relatives following the loss of a loved one to alcohol or drugs, as well as interviews with the largest qualitative sample of adults bereaved by substance use that has been reported to date, this much-needed contribution to research on addiction and bereavement identifies four major reasons why grief following this tragic kind of death is particularly difficult. By examining the experiences of a wide range of stakeholders, including practitioners and policymakers in health, social care and the criminal justice system, the research contained within this book underscores the large number of organizations that play a role in the implementation of official procedure following a drug- or alcohol-related death and identifies significant gaps in the system that bereaved individuals must negotiate. Grounded in extensive and rigorous academic research, Families Bereaved by Alcohol or Drugs is essential reading for academics, researchers and postgraduate students in the fields of mental health and addiction, social work and social studies, psychology, family studies and bereavement. The book should also be of interest to anyone with a professional interest in bereavement or substance use. [Guidelines for Development of a Home Industry Fantasy Football Guidebook Your Comprehensive Guide to Playing Fantasy Football \(2nd Edition\) Sam Hendricks](#) How to Play, Enjoy and Win your Fantasy Football League Every Year! A handy, concise and informative source book. Expertly organized and full of hard facts, helpful tips and valuable strategies. This guidebook is for the novice or the expert who wants to learn more about how to play and win fantasy football. It is your single source for every strategy, tip, rule or league variation available. It is the best book of its kind. Includes: - The history and administration of Fantasy Football - Types of leagues, scoring systems and drafts - How to rank players - Draft day tips, theories and advanced strategies - Roster Management skills (trades, add/drops, start/bench decisions) - Auction, Keeper and IDP leagues - Interview with Lenny Pappano (co-founder World Championship of Fantasy Football and draftsharks.com) - Psychology of Fantasy Football - Injuries - And much more! [The 12 Week Year Get More Done in 12 Weeks than Others Do in 12 Months John Wiley & Sons](#) The guide to shortening your execution cycle down from one year to twelve weeks Most organizations and individuals work in the context of annual goals and plans; a twelve-month execution cycle. Instead, The 12 Week Year avoids the pitfalls and low productivity of annualized thinking. This book redefines your "year" to be 12 weeks long. In 12 weeks, there just isn't enough time to get complacent, and urgency increases and intensifies. The 12 Week Year creates focus and clarity on what matters most and a sense of urgency to do it now. In the end more of the important stuff gets done and the impact on results is profound. Explains how to leverage the power of a 12 week year to drive improved results in any area of your life Offers a how-to book for both individuals and organizations seeking to improve their execution effectiveness Authors are leading experts on execution and implementation Turn your organization's idea of a year on its head, and speed your journey to success. [Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection Guidelines World Health Organization](#) The field of HCV therapeutics continues to evolve rapidly and, since the World Health Organization (WHO) issued its first Guidelines for the screening, care and treatment of persons with hepatitis C infection in 2014, several new medicines have been approved by at least one stringent regulatory authority. These medicines, called direct-acting antivirals (DAAs), are transforming the treatment of HCV, enabling regimens that can be administered orally, are of shorter duration (as short as eight weeks), result in cure rates higher than 90%, and are associated with fewer serious adverse events than the previous interfere on containing regimens. WHO is updating its hepatitis C treatment guidelines to provide recommendations for the use of these new medicines. The objectives of these WHO guidelines are to provide updated evidence-based recommendations for the treatment of persons with hepatitis C infection using, where possible, all DAA-only combinations. The guidelines also provide recommendations on the preferred regimens based on a patient's HCV genotype and clinical history, and assess the appropriateness of continued use of certain medicines. This document also includes existing recommendations on screening for HCV infection and care of persons infected with HCV that were first issued in 2014. The key audience for these guidelines are policy-makers in low- and middle-income countries who formulate country-specific treatment guidelines and who plan infectious disease treatment programs and services, in addition to those people responsible for delivering treatment. The guidelines are appropriate for all countries, including high-income countries. [Comprehensive Dermatologic Drug Therapy Elsevier Health Sciences](#) Designed with practical usability in mind, Comprehensive Dermatologic Drug Therapy, 4th Edition, helps you safely and effectively treat the skin disorders you're likely to see in your practice. Dr. Stephen E. Wolverson and new associate editor Dr. Jashin J. Wu lead a team of global experts to bring you concise, complete guidance on today's full spectrum of topical, intralesional, and systemic drugs. You'll prescribe with confidence thanks to expert coverage of which drugs to use, when to use them, and adverse effects to monitor. Includes new drug interaction tables, drug risk profiles, and FDA guidelines, as well as two new appendices that summarize chapter questions and summarize highest-risk drug interactions. Covers the best uses for new biologic therapeutics. Contains new chapters covering medical decision-making principles, PDE-4 and JAK inhibitors, interleukin 17 inhibitors, interleukin 23 inhibitors, additional biologic therapeutics, and hedgehog pathway inhibitors. Contains quick-access summaries of indications/contraindications, dosage guidelines, drug interactions, drug monitoring guidelines, adverse effects, and treatment protocols. Features a highly detailed, disease-specific index, as well as purchase information for major drugs. Helps you assess your knowledge and prepare for certification or recertification with about 800 review questions and answers throughout the book. [The Medical Student's Survival Guide: The early years Radcliffe Publishing](#) You have to realise early on that you are no longer the best. Whereas in your A level classes you will have been within the top one or two students, now you are not. You are in a room FULL of top one or two' students. Laura Stevens, 1st year Dundee medical student Due to the graphic nature of many of the presentations, subjects of a weak disposition should look away... or definitely not attempt to stuff yourself until you are well accustomed to images that are about to be unleashed onto your brainstem vomiting centre. Elizabeth Li, 2nd year Manchester medical student Okay - you got in. Now what do you do? This is the no-nonsense guide to the reality of medical student life. Everything you need to know is here. How do I find my way to lectures? Can I live on hamburgers? How do I give effective presentations? How much can I drink without vomiting in Freshers week? What about student loans? How should I prepare for exams? Exactly how much work should I be doing? What if I faint in dissection class? and much, much more [Hepatitis B Virus and Liver Disease Springer](#) This book provides a comprehensive, state-of-the-art review of HBV infection and liver disease. It discusses new data on basic and translational medicine, including the viral life cycle, the immunopathogenesis of virus-induced chronic hepatitis, viral and host genetic factors affecting disease progression, and the mechanism of virus-induced hepatocarcinogenesis, as well as their potential applications in daily clinical practice. The clinical aspects of chronic HBV infection are examined in chapters on the global epidemiology, efficacy of HBV vaccination, natural history, co-infections with HCV, HDV or HIV, and management of special populations including children, pregnant women and patients undergoing immunosuppressive therapy. Further, it describes the advances and perspectives in the development of novel antiviral treatments as possible cures for HBV infection. The book is a valuable resource for medical students, physicians, and researchers who are interested in management of patients with chronic HBV infection and investigation of HBV infection. [Advances in Psoriasis A Multisystemic Guide Springer Nature](#) This extensively revised second edition provides an up-to-date and highly informative textbook on psoriasis. The understanding of the mechanisms behind the disease and the available treatment options have continued to develop rapidly in recent times, with this vital resource covering the latest in these management options, including targeted T-cell therapy, the use of immunomodulators, systemic therapies, and ultraviolet and laser therapy. In addition, it provides a detailed overview of the pathophysiology, comorbidities, epidemiology and triggers of the disease. [Advances in Psoriasis: A Multisystemic Guide](#) extensively details the scientific basis and practice management of psoriasis. It is therefore a vital resource for practicing and trainee dermatologists looking to develop their clinical knowledge of how to manage and treat these patients. [Handbook of Research on Cross-Cultural Online Learning in Higher Education IGI Global](#) Online learning has been touted as one way of reducing the cost of higher education while simultaneously addressing the increasing demand for educational opportunity and providing access to hitherto "left out" populations. Many universities are defying tradition by offering completely online degrees for global participants. As such, research is needed to improve the design of online and virtual learning environments to ensure that they are inclusive and culturally adaptive for the global education marketplace. The Handbook of Research on Cross-Cultural Online Learning in Higher Education shares paradigms, perspectives, insights, challenges, and best practices for the instructional design and delivery of cross-cultural adult web-based learning experiences and examines adult learner characteristics and competencies critical for the design of these applications. The content within this publication covers trending topics including virtual learning, culturally adaptive environments, and online education and is intended for instructional designers, faculty, administrators, students, and researchers.