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KEY=MANUAL - GARRETT YOUNG

Coronavirus: A Book for Children

Nosy Crow **What is the coronavirus, and why is everyone talking about it?** Engagingly illustrated by Axel Scheffler, this approachable and timely book helps answer these questions and many more, providing children aged 5-10 and their parents with clear and accessible explanations about the coronavirus and its effects - both from a health perspective and the impact it has on a family's day-to-day life. With input from expert consultant Professor Graham Medley of the London School of Hygiene & Tropical Medicine, as well as advice from teachers and child psychologists, this is a practical and informative resource to help explain the changes we are currently all experiencing. The book is free to read and download, but Nosy Crow would like to encourage readers, should they feel in a position to, to make a donation to: <https://www.nhscharitiestogether.co.uk/>

Essentials of Strength Training and Conditioning

Human Kinetics **Developed by the National Strength and Conditioning Association (NSCA) and now in its fourth edition, Essentials of Strength Training and Conditioning is the essential text for strength and conditioning professionals and students. This comprehensive resource, created by 30 expert contributors in the field, explains the key theories, concepts, and scientific principles of strength training and conditioning as well as their direct application to athletic competition and performance. The scope and content of Essentials of Strength Training and Conditioning, Fourth Edition With HKPropel Access, have been updated to convey the knowledge, skills, and abilities required of a strength and conditioning professional and to address the latest information found on the Certified Strength and Conditioning Specialist (CSCS) exam. The evidence-based approach and unbeatable accuracy of the text make it the primary resource to rely on for CSCS exam preparation. The text is organized to lead readers from theory to program design and practical strategies for administration and management of strength and conditioning facilities. The fourth edition contains the most current research and applications and several new features: Online videos featuring 21 resistance training exercises demonstrate proper exercise form for classroom and practical use. Updated research—specifically in the areas of high-intensity interval training, overtraining, agility and change of direction, nutrition for health and performance, and periodization—helps readers better understand these popular trends in the industry. A new chapter with instructions and photos presents techniques for exercises using alternative modes and nontraditional implements. Ten additional tests, including those for maximum strength, power, and aerobic capacity, along with new flexibility exercises, resistance training exercises, plyometric exercises, and speed and agility drills help professionals design programs that reflect current guidelines. Key points, chapter objectives, and learning aids including key terms and self-study questions provide a structure to help students and professionals conceptualize the information and reinforce fundamental facts. Application sidebars provide practical application of scientific concepts that can be used by strength and conditioning specialists in real-world settings, making the information immediately relatable and usable. Online learning tools delivered through HKPropel provide students with 11 downloadable lab activities for practice and retention of information. Further, both students and professionals will benefit from the online videos of 21 foundational exercises that provide visual instruction and reinforce proper technique. Essentials of Strength Training and Conditioning, Fourth Edition, provides the most comprehensive information on organization and administration of facilities, testing and evaluation, exercise techniques, training adaptations, program design, and structure and function of body systems. Its scope, precision, and dependability make it the essential preparation text for the CSCS exam as well as a definitive reference for strength and conditioning professionals to consult in their everyday practice. Note: A code for accessing HKPropel is not included with this ebook but may be purchased separately.**

Covid-19: The Great Reset

ISBN Agentur Schweiz **"The Corona crisis and the Need for a Great Reset" is a guide for anyone who wants to understand how COVID-19 disrupted our social and economic systems, and what changes will be needed to create a more inclusive, resilient and sustainable world going forward. Thierry Malleret, founder of the Monthly Barometer, and Klaus Schwab, founder and executive Chairman of the World Economic Forum, explore what the root causes of these crisis were, and why they lead to a need for a Great Reset. Theirs is a worrying, yet hopeful analysis. COVID-19 has created a great disruptive reset of our global social, economic, and political systems. But the power of human beings lies in being foresighted and having the ingenuity, at least to a certain extent, to take their destiny into their hands and to plan for a better future. This is the purpose of this book: to shake up and to show the deficiencies which were manifest in our global system, even before COVID broke out.**

The Psychic Life of Power

Theories in Subjection

Stanford University Press **Judith Butler's new book considers the way in which psychic life is generated by the social operation of power, and how that social operation of power is concealed and fortified by the psyche that it produces. It combines social theory, philosophy, and psychoanalysis in novel ways, and offers a more sustained analysis of the theory of subject formation implicit in her previous books.**

Saturn V Flight Manual, SA 507

Orientalism

Western Conceptions of the Orient

Penguin UK **'A stimulating, elegant yet pugnacious essay'—Observer In this highly acclaimed seminal work, Edward Said surveys the history and nature of Western attitudes towards the East, considering Orientalism as a powerful European ideological creation—a way for writers, philosophers and colonial administrators to deal with the 'otherness' of Eastern culture, customs and beliefs. He traces this view through the writings of Homer, Nerval and Flaubert, Disraeli and Kipling, whose imaginative depictions have greatly contributed to the West's romantic and exotic picture of the Orient. In the Afterword, Said examines the effect of continuing Western imperialism.**

Exercise Technique Manual for Resistance Training

Human Kinetics **"This is a resource for strength and conditioning professionals, health and fitness instructors, and personal trainers who use resistance training exercises in their own programs or in programs designed for others. College and university faculty and students will find that this manual and the online video clips complement hands-on instruction and aid in teaching exercise technique without requiring the use of a weight room. Further, this manual is a primary preparation resource for those preparing for NSCA's Certified Strength and Conditioning Specialist (CSCS), NSCA-Certified Personal Trainer (NSCA-CPT), Certified Special Population Specialist (CSPP), and Tactical Strength and Conditioning-Facilitator (TSAC-F) certification exams"--**

The Economics of Money, Banking, and Financial Markets

Pearson Education **Economics of Money, Banking, and Financial Markets heralded a dramatic shift in the teaching of the money and banking course in its first edition, and today it is still setting the standard. By applying an analytical framework to the patient, stepped-out development of models, Frederic Mishkin draws students into a deeper understanding of modern monetary theory, banking, and policy. His landmark combination of common sense applications with current, real-world events provides authoritative, comprehensive coverage in an informal tone students appreciate.**

St. Tropez Soleil

The legend of St. Tropez starts with a dog, a rooster, and a martyr; and it leads to movie stars, world-renowned artists and distinguished writers. Located on the sparkling French Riviera, St. Tropez has enjoyed the spotlight for more than half a century, for better or worse, with celebrities flocking to this idyllic locale for its beaches and a dose of Mediterranean sun. A picturesque oasis, St. Tropez has served as inspiration for a who's who of notable writers from Françoise Sagan to Colette; as well as renowned artists Paul Signac and Henri Matisse; and even filmmakers. However, St. Tropez would not be the same without then belle du jour Brigitte Bardot, her films and lovers and many other famous

couples including Annabel and Bernard Buffet and Bianca and Mick Jagger. *St. Tropez* guides the reader through its storied past and ever-evolving present. Featuring annual mainstays such as Les Bravades and the Les Voiles de Saint-Tropez as well as exclusive events like a Chanel fashion show at the quintessentially Tropezian S n quier caf  and the White Party at Nikki Beach begun by Naomi Campbell. But despite all that changes, the spirit of St. Tropez remains the same and this volume is an ode to the unique joie de vivre that keeps everyone coming back.

Forensic Pathology, 2Ed

[CRC Press](#) An updated and revised edition of the major reference work in forensic pathology, this will be an important purchase for all in the field. 'Forensic Pathology' offers a thorough, detailed guide to the performance and interpretation of post-mortem examinations conducted for the police and other legal authorities.

A Taxonomy for Learning, Teaching, and Assessing

A Revision of Bloom's Taxonomy of Educational Objectives

[Pearson](#) This revision of Bloom's taxonomy is designed to help teachers understand and implement standards-based curriculums. Cognitive psychologists, curriculum specialists, teacher educators, and researchers have developed a two-dimensional framework, focusing on knowledge and cognitive processes. In combination, these two define what students are expected to learn in school. It explores curriculums from three unique perspectives-cognitive psychologists (learning emphasis), curriculum specialists and teacher educators (C & I emphasis), and measurement and assessment experts (assessment emphasis). This revisited framework allows you to connect learning in all areas of curriculum. Educators, or others interested in educational psychology or educational methods for grades K-12.

Audio-vision

Sound on Screen

[Columbia University Press](#) Deals with issue of sound in audio-visual images

Java Web Services: Up and Running

Up and Running

["O'Reilly Media, Inc."](#) This example-driven book offers a thorough introduction to Java's APIs for XML Web Services (JAX-WS) and RESTful Web Services (JAX-RS). *Java Web Services: Up and Running* takes a clear, pragmatic approach to these technologies by providing a mix of architectural overview, complete working code examples, and short yet precise instructions for compiling, deploying, and executing an application. You'll learn how to write web services from scratch and integrate existing services into your Java applications. With *Java Web Services: Up and Running*, you will: Understand the distinction between SOAP-based and REST-style services Write, deploy, and consume SOAP-based services in core Java Understand the Web Service Definition Language (WSDL) service contract Recognize the structure of a SOAP message Learn how to deliver Java-based RESTful web services and consume commercial RESTful services Know security requirements for SOAP- and REST-based web services Learn how to implement JAX-WS in various application servers Ideal for students as well as experienced programmers, *Java Web Services: Up and Running* is the concise guide you need to start working with these technologies right away.

Les Livres disponibles

French books in print

La liste exhaustive des ouvrages disponibles publi s en langue fran aise dans le monde. La liste des  diteurs et la liste des collections de langue fran aise.

Mental Health Handbook for Schools

[Routledge](#) This text provides information on a range of mental health problems that confront teachers and discusses their underlying causes. It considers what schools can do to help pupils and reflects on the role of the mental health services.

UNESCO Science Report

The race against time for smarter development

[UNESCO Publishing](#)

The Book of Five Rings (Annotated)

The *Book of Five Rings* is a text on kenjutsu and the martial arts in general, written by the Japanese swordsman Miyamoto Musashi around 1643. Written over three centuries ago by a Samurai warrior, the book has been hailed as a limitless source of psychological insight for businessmen-or anyone who relies on strategy and tactics for outwitting the competition.

A Guide to the Preventive Conservation of Photograph Collections

[Getty Publications](#) A resource for the photographic conservator, conservation scientist, curator, as well as professional collector, this volume synthesizes both the masses of research that has been completed to date and the international standards that have been established on the subject.

District Laboratory Practice in Tropical Countries, Part 2

[Cambridge University Press](#) A practical and well-illustrated guide to microbiological, haematological, and blood transfusion techniques. The microbiology chapter focuses on common tropical infections. The haematology chapter deals with the investigation of anaemia and haemoglobinopathies. The blood transfusion chapter provides guidelines on the use of blood and blood substitutes, selection of donors and collection.

Historical Painting Techniques, Materials, and Studio Practice

Preprints of a Symposium, University of Leiden, the Netherlands, 26-29 June 1995

[Getty Publications](#) Bridging the fields of conservation, art history, and museum curating, this volume contains the principal papers from an international symposium titled "Historical Painting Techniques, Materials, and Studio Practice" at the University of Leiden in Amsterdam, Netherlands, from June 26 to 29, 1995. The symposium—designed for art historians, conservators, conservation scientists, and museum curators worldwide—was organized by the Department of Art History at the University of Leiden and the Art History Department of the Central Research Laboratory for Objects of Art and Science in Amsterdam. Twenty-five contributors representing museums and conservation institutions throughout the world provide recent research on historical painting techniques, including wall painting and polychrome sculpture. Topics cover the latest art historical research and scientific analyses of original techniques and materials, as well as historical sources, such as medieval treatises and descriptions of painting techniques in historical literature. Chapters include the painting methods of Rembrandt and Vermeer, Dutch 17th-century landscape painting, wall paintings in English churches, Chinese paintings on paper and canvas, and Tibetan thangkas. Color plates and black-and-white photographs illustrate works from the Middle Ages to the 20th century.

Shantaram

[Picador Australia](#) "A publishing phenomenon" *Sunday Times* It took me a long time and most of the world to learn what I know about love and fate and the choices we make, but the heart of it came to me in an instant, while I was chained to a wall and being tortured. *Shantaram* is a novel based on the life of the author, Gregory David Roberts. In 1978 Roberts was sentenced to nineteen years imprisonment as punishment for a series of robberies of building-society branches, credit unions, and shops he had committed while addicted to

heroin. In July 1980 he escaped from Victoria's maximum-security prison in broad daylight, thereby becoming one of Australia's most wanted men for what turned out to be the next ten years. For most of this period he lived in Bombay. He set up a free health clinic in the slums, acted in Bollywood movies, worked for the Bombay mafia as a forger, counterfeiter, and smuggler and, as a gun-runner, resupplied a unit of mujaheddin guerrilla fighters in Afghanistan. This is the setting of *Shantaram*. Apart from having this highly unusual personal background, Greg Roberts is a very gifted writer. His book is a blend of vivid dialogue, unforgettable characters, amazing adventures, and superb evocations of Indian life. It can be read as a vast, extended thriller, as well as a superbly written meditation on the nature of good and evil. It is a compelling tale of a hunted man who had lost everything - his home, his family, and his soul - and came to find his humanity while living at the wildest edge of experience. Gregory David Roberts retired from public life in 2014 to devote time to his family and new writing projects. *The Mountain Shadow*, sequel to *Shantaram*, is available now. **PRAISE FOR SHANTARAM** "A literary masterpiece ... at once erudite and intimate, reflective and funny ... it has the grit and pace of a thriller" *Daily Telegraph* "Powerful and original ... a remarkable achievement" *Sunday Telegraph* "Extraordinarily vivid ... a gigantic, jaw-dropping, grittily authentic saga" *Daily Mail* "At once a high-kicking, eye-gouging adventure, a love saga and a savage yet tenderly lyrical fugitive vision." *Time Out* Fans of Vikram Seth, John Irving and David Mitchell will love *Shantaram*.

The African Film Industry

Trends, challenges and opportunities for growth

[UNESCO Publishing](#)

Diagnosing and Changing Organizational Culture

Based on the Competing Values Framework

[John Wiley & Sons](#) *Diagnosing and Changing Organizational Culture* provides a framework, a sense-making tool, a set of systematic steps, and a methodology for helping managers and their organizations carefully analyze and alter their fundamental culture. Authors, Cameron and Quinn focus on the methods and mechanisms that are available to help managers and change agents transform the most fundamental elements of their organizations. The authors also provide instruments to help individuals guide the change process at the most basic level—culture. *Diagnosing and Changing Organizational Culture* offers a systematic strategy for internal or external change agents to facilitate foundational change that in turn makes it possible to support and supplement other kinds of change initiatives.

Computer Age Statistical Inference

[Cambridge University Press](#) Take an exhilarating journey through the modern revolution in statistics with two of the ringleaders.

Treasure Island

While going through the possessions of a deceased guest who owed them money, the mistress of the inn and her son find a treasure map that leads them to a pirate's fortune.

Food Safety Culture

Creating a Behavior-Based Food Safety Management System

[Springer Science & Business Media](#) Food safety awareness is at an all time high, new and emerging threats to the food supply are being recognized, and consumers are eating more and more meals prepared outside of the home. Accordingly, retail and foodservice establishments, as well as food producers at all levels of the food production chain, have a growing responsibility to ensure that proper food safety and sanitation practices are followed, thereby, safeguarding the health of their guests and customers. Achieving food safety success in this changing environment requires going beyond traditional training, testing, and inspection approaches to managing risks. It requires a better understanding of organizational culture and the human dimensions of food safety. To improve the food safety performance of a retail or foodservice establishment, an organization with thousands of employees, or a local community, you must change the way people do things. You must change their behavior. In fact, simply put, food safety equals behavior. When viewed from these lenses, one of the most common contributing causes of food borne disease is unsafe behavior (such as improper hand washing, cross-contamination, or undercooking food). Thus, to improve food safety, we need to better integrate food science with behavioral science and use a systems-based approach to managing food safety risk. The importance of organizational culture, human behavior, and systems thinking is well documented in the occupational safety and health fields. However, significant contributions to the scientific literature on these topics are noticeably absent in the field of food safety.

Calculus

[Wellesley-Cambridge Press](#) Gilbert Strang's clear, direct style and detailed, intensive explanations make this textbook ideal as both a course companion and for self-study. Single variable and multivariable calculus are covered in depth. Key examples of the application of calculus to areas such as physics, engineering and economics are included in order to enhance students' understanding. New to the third edition is a chapter on the 'Highlights of calculus', which accompanies the popular video lectures by the author on MIT's OpenCourseWare. These can be accessed from math.mit.edu/~gs.

Strength and Conditioning for Sports Performance

[Routledge](#) An effective strength and conditioning program is an essential component of the preparation of any athlete or sportsperson. *Strength and Conditioning for Sports Performance* is a comprehensive and authoritative introduction to the theory and practice of strength and conditioning, providing students, coaches and athletes with everything they need to design and implement effective training programs. Revised and updated for a second edition, the book continues to include clear and rigorous explanations of the core science underpinning strength and conditioning techniques and give detailed, step-by-step guides to all key training methodologies, including training for strength, speed, endurance, flexibility and plyometrics. The second edition expands on the opening coaching section as well as introducing an entirely new section on current training methods which includes examining skill acquisition and motor learning. Throughout the book the focus is on the coaching process, with every chapter highlighting the application of strength and conditioning techniques in everyday coaching situations. *Strength and Conditioning for Sports Performance* includes a unique and extensive section of sport-specific chapters, each of which examines in detail the application of strength and conditioning to a particular sport, from soccer and basketball to golf and track and field athletics. The second edition sees this section expanded to include other sports such as rugby union, rugby league and American football. The book includes contributions from world-leading strength and conditioning specialists, including coaches who have worked with Olympic gold medallists and international sports teams at the highest level. *Strength and Conditioning for Sports Performance* is an essential course text for any degree-level student with an interest in strength and conditioning, for all students looking to achieve professional accreditation, and an invaluable reference for all practising strength and conditioning coaches.

Exercises in Style

[Alma Books](#) On a crowded bus at midday, the narrator observes one man accusing another of jostling him deliberately. When a seat is vacated, the first man takes it. Later, in another part of town, the man is spotted again, while being advised by a friend to have another button sewn onto his overcoat. *Exercises in Style* retells this apparently unremarkable tale ninety-nine times, employing a variety of styles, ranging from sonnet to cockney to mathematical formula. Too funny to be merely a pedantic thesis, this virtuoso set of themes and variations is a linguistic rustremover, a guide to literary forms and a demonstration of imagery and inventiveness.

Multiple Sclerosis

Everything You Need to Know

[Firefly Books Limited](#) Practical health guide to multiple sclerosis for both patients and their families, including advice on diagnosis, treatment options and symptoms.

The Open Work

[Harvard University Press](#) Essays discuss poetry, communication, television, form, aesthetics, bad taste, and art

Factfulness

Ten Reasons We're Wrong About the World--and Why Things Are Better Than You Think

[Flatiron Books](#) INSTANT NEW YORK TIMES BESTSELLER "One of the most important books I've ever read—an indispensable guide to thinking clearly about the world." - Bill Gates "Hans Rosling tells the story of 'the secret silent miracle of human progress' as only he can. But Factfulness does much more than that. It also explains why progress is so often secret and silent and teaches readers how to see it clearly." —Melinda Gates "Factfulness by Hans Rosling, an outstanding international public health expert, is a hopeful book about the potential for human progress when we work off facts rather than our inherent biases." - Former U.S. President Barack Obama Factfulness: The stress-reducing habit of only carrying opinions for which you have strong supporting facts. When asked simple questions about global trends—what percentage of the world's population live in poverty; why the world's population is increasing; how many girls finish school—we systematically get the answers wrong. So wrong that a chimpanzee choosing answers at random will consistently outguess teachers, journalists, Nobel laureates, and investment bankers. In Factfulness, Professor of International Health and global TED phenomenon Hans Rosling, together with his two long-time collaborators, Anna and Ola, offers a radical new explanation of why this happens. They reveal the ten instincts that distort our perspective—from our tendency to divide the world into two camps (usually some version of us and them) to the way we consume media (where fear rules) to how we perceive progress (believing that most things are getting worse). Our problem is that we don't know what we don't know, and even our guesses are informed by unconscious and predictable biases. It turns out that the world, for all its imperfections, is in a much better state than we might think. That doesn't mean there aren't real concerns. But when we worry about everything all the time instead of embracing a worldview based on facts, we can lose our ability to focus on the things that threaten us most. Inspiring and revelatory, filled with lively anecdotes and moving stories, Factfulness is an urgent and essential book that will change the way you see the world and empower you to respond to the crises and opportunities of the future. --- "This book is my last battle in my life-long mission to fight devastating ignorance...Previously I armed myself with huge data sets, eye-opening software, an energetic learning style and a Swedish bayonet for sword-swallowing. It wasn't enough. But I hope this book will be." Hans Rosling, February 2017.

Essentials of Stochastic Processes

[Springer](#) Building upon the previous editions, this textbook is a first course in stochastic processes taken by undergraduate and graduate students (MS and PhD students from math, statistics, economics, computer science, engineering, and finance departments) who have had a course in probability theory. It covers Markov chains in discrete and continuous time, Poisson processes, renewal processes, martingales, and option pricing. One can only learn a subject by seeing it in action, so there are a large number of examples and more than 300 carefully chosen exercises to deepen the reader's understanding. Drawing from teaching experience and student feedback, there are many new examples and problems with solutions that use TI-83 to eliminate the tedious details of solving linear equations by hand, and the collection of exercises is much improved, with many more biological examples. Originally included in previous editions, material too advanced for this first course in stochastic processes has been eliminated while treatment of other topics useful for applications has been expanded. In addition, the ordering of topics has been improved; for example, the difficult subject of martingales is delayed until its usefulness can be applied in the treatment of mathematical finance.

The Making of the English Working Class

[Penguin UK](#) A book that revolutionised our understanding of English social history. E. P. Thompson shows how the English working class emerged through the degradations of the industrial revolution to create a culture and political consciousness of enormous vitality.

The Design of Everyday Things

Revised and Expanded Edition

[Hachette UK](#) Design doesn't have to be complicated, which is why this guide to human-centered design shows that usability is just as important as aesthetics. Even the smartest among us can feel inept as we fail to figure out which light switch or oven burner to turn on, or whether to push, pull, or slide a door. The fault, argues this ingenious -- even liberating -- book, lies not in ourselves, but in product design that ignores the needs of users and the principles of cognitive psychology. The problems range from ambiguous and hidden controls to arbitrary relationships between controls and functions, coupled with a lack of feedback or other assistance and unreasonable demands on memorization. The Design of Everyday Things shows that good, usable design is possible. The rules are simple: make things visible, exploit natural relationships that couple function and control, and make intelligent use of constraints. The goal: guide the user effortlessly to the right action on the right control at the right time. The Design of Everyday Things is a powerful primer on how -- and why -- some products satisfy customers while others only frustrate them.

Programming Erlang

Software for a Concurrent World

[Pragmatic Bookshelf](#) A multi-user game, web site, cloud application, or networked database can have thousands of users all interacting at the same time. You need a powerful, industrial-strength tool to handle the really hard problems inherent in parallel, concurrent environments. You need Erlang. In this second edition of the bestselling Programming Erlang, you'll learn how to write parallel programs that scale effortlessly on multicore systems. Using Erlang, you'll be surprised at how easy it becomes to deal with parallel problems, and how much faster and more efficiently your programs run. That's because Erlang uses sets of parallel processes-not a single sequential process, as found in most programming languages. Joe Armstrong, creator of Erlang, introduces this powerful language in small steps, giving you a complete overview of Erlang and how to use it in common scenarios. You'll start with sequential programming, move to parallel programming and handling errors in parallel programs, and learn to work confidently with distributed programming and the standard Erlang/Open Telecom Platform (OTP) frameworks. You need no previous knowledge of functional or parallel programming. The chapters are packed with hands-on, real-world tutorial examples and insider tips and advice, and finish with exercises for both beginning and advanced users. The second edition has been extensively rewritten. New to this edition are seven chapters covering the latest Erlang features: maps, the type system and the Dialyzer, WebSockets, programming idioms, and a new stand-alone execution environment. You'll write programs that dynamically detect and correct errors, and that can be upgraded without stopping the system. There's also coverage of rebar (the de facto Erlang build system), and information on how to share and use Erlang projects on github, illustrated with examples from cowboy and bitcask. Erlang will change your view of the world, and of how you program. What You Need The Erlang/OTP system. Download it from erlang.org.

Being You

A New Science of Consciousness (The Sunday Times Bestseller)

[Faber & Faber](#) A BOOK OF THE YEAR GUARDIAN, THE ECONOMIST, NEW STATESMAN, FINANCIAL TIMES, BLOOMBERG Anil Seth's radical new theory of consciousness challenges our understanding of perception and reality, doing for brain science what Dawkins did for evolutionary biology. 'A brilliant beast of a book.' DAVID BYRNE 'Hugely important.' JIM AL-KHALILI 'Masterly . . . An exhilarating book: a vast-ranging, phenomenal achievement that will undoubtedly become a seminal text.' GAIA VINCE, GUARDIAN Being You is not as simple as it sounds. Somehow, within each of our brains, billions of neurons work to create our conscious experience. How does this happen? Why do we experience life in the first person? After over twenty years researching the brain, world-renowned neuroscientist Anil Seth puts forward a radical new theory of consciousness and self. His unique theory of what it means to 'be you' challenges our understanding of perception and reality and it turns what you thought you knew about yourself on its head. 'Seth thinks clearly and sharply on one of the hardest problems of science and philosophy, cutting through weeds with a scientist's mind and a storyteller's skill.' ADAM RUTHERFORD 'A page-turner and a mind-blower . . . Beautifully written, crystal clear, deeply insightful.' DAVID EAGLEMAN 'If you read one book about consciousness, it must be Seth's. JULIAN BAGGINI, WALL STREET JOURNAL 'Amazing.' RUSSELL BRAND 'Gripping.' ALEX GARLAND 'I loved it.' MICHAEL POLLAN 'Fascinating.' FINANCIAL TIMES 'Awe-inspiring.' NEW STATESMAN 'Brilliant.' CLAIRE TOMALIN, NEW YORK TIMES

Coronavirus

A Book for Children about Covid-19

What is coronavirus, and why is everyone talking about it? Engagingly illustrated by Axel Scheffler, this approachable and timely book, now available for the first time in print paperback, helps answer these questions and many more. Fully updated, it provides clear explanations about COVID-19 and its effects - both from a health perspective and the

impact it has on a family's day-to-day life. With input from expert consultant Professor Graham Medley of the London School of Hygiene & Tropical Medicine, as well as advice from teachers and child psychologists, this is a practical and informative resource to help explain the changes we are currently all experiencing. GBP1 from the sale of every book will be donated to NHS Charities Together.

Daughter of the Moon Goddess (The Celestial Kingdom Duology, Book 1)

[HarperCollins UK](#) The bestselling debut fantasy inspired by the legend of the Chinese moon goddess. A young woman's quest to free her mother pits her against the most powerful immortal in the realm, setting her on a dangerous path where those she loves are not the only ones at risk... *THE INSTANT TOP 5 SUNDAY TIMES BESTSELLER*

The Psychology of Everyday Things

[Basic Books](#)