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KEY=AURAS - KYLEE HARTMAN

Ancient Teachings for Beginners Auras, Chakras, Angels, Rebirth, Astral Projection

Llewellyn Worldwide Ancient Teachings for Beginners by Douglas De Long reveals the mysteries from the distant past and how they can lead to a brighter future in the New Age. It begins with a brief history of spiritual development from before ancient Egypt right up to the present. It continues by explaining the secrets of the aura and the chakras. In this section you'll learn about the importance of the third eye chakra. It is related to the pineal gland and the third eye. Opening the third eye aids intuition, creativity, and psychic abilities. You can do this easily by "toning," "doing vibrational work" or chanting Thoh (rhymes with "toe") at a middle or high "C" note.

This triggers a vibration in the pineal which cause the third eye and its chakra to open. The exact techniques are included in the book. If you open the crown chakra (associated with the pituitary gland) you can improve some of your natural psychic abilities, including clairaudience, clairvoyance, and clairsentience. Vibrational work for this chakra uses the sound May. Breathing techniques and the exact way of toning to open the chakra are fully explained. You'll also learn how to see the aura and interpret its colors, as well as how to open all of the chakras. The book also explains techniques to send the mysterious kundalini energy through the chakras. But this book has more! It includes the secrets of channeling, such as working with angels and spirit guides. It goes on to share methods of astral projection and then reveals the secrets of reincarnation. Ancient Teachings for Beginners is easy to understand and the techniques are a snap to use. If you are looking for an introduction to the secrets of the teachings of the ancient mystery schools, this book is for you!

Astral Travel for Beginners

Transcend Time and Space with Out-of-Body Experiences

Llewellyn Worldwide What you've done thousands of times in your sleep can now become a totally conscious experience with the help of this handy guidebook. You'll soon learn to leave your body and explore the astral realm with confidence and safety. Achieving your first astral travel experience is always the most difficult—and no single method will work for everyone. That's why the techniques in this book are carefully graded to step by step through an actual out-of-body experience. And with fifteen time-tested methods to choose from you're sure to be astral traveling in no time. Once you learn to leave your body, the freedom you'll discover will transform your life. Explore new worlds ... learn to travel with a partner ... go back and forth through time ... even find a lover... but, most importantly, lose your fear of death as you discover that you are a spiritual being independent of your physical body.

Astral Projection for Beginners

Llewellyn Worldwide Visit a realm in which time and space have no meaning—the astral realm. Written for beginners, this friendly guide presents step-by-step instructions for six easy and effective astral projection techniques. Travel to different times and eras, visit with departed loved ones, and explore different astral worlds, such as the faerie realm. On the astral plane, it's also possible to heal yourself and achieve improved health, send healing energy to others, receive direction from your spirit guides, and view your Akashic records, the astral record of each soul's past and future events.

Past Lives for Beginners

A Guide to Reincarnation & Techniques to Improve Your Present Life

Llewellyn Worldwide Helps you explore your previous lifetimes, embrace your wondrous past, and recognize that you, as a human soul, are eternal. This title describes different types of past-life recall experiences and shares favoured techniques of meditation and visualization used to gain access to those memories.

I Am a Soul Champion

How to Live a Spiritually Guided Life Through Manifestation, Intuition, Positivity, and Archangel Aromatherapy

Balboa Press It is not unusual for families to face health issues. Most will turn to conventional medicine to at least treat if not cure them. But what happens when those methods don't work? In fact, instead of getting better, they get worse. This is what happened to author Rachael White and her family. In her book, I AM a Soul Champion: How to live a spiritually guided life through Manifestation, Intuition, Positivity and Archangel Aromatherapy she provides an account of her extraordinary life changing journey to heal her family's so-called incurable illnesses. She shares the knowledge and wisdom she gained after she opened up to living a spiritually guided life. I AM a Soul Champion is a practical guide for using intuition, healing and manifesting along with archangel aromatherapy. The author has distilled the information into a combination of healing guides, teachings and easy-to-use daily practices and rituals. A soul champion is someone who understands that he or she is more than just mind and body. Rachael believes that everyone has the ability to access healing and guidance from angels and spiritual guides in order to heal, co-create, and manifest in every aspect of life. Are you ready to let go of ego-driven fear, negativity, mental and physical illness out of the driver's seat and let the soul be the champion driver of your life?

Wicca for Beginners

Fundamentals of Philosophy & Practice

Llewellyn Worldwide Due to the sheer number of Wicca 101 books on the market, many newcomers to the Craft find themselves piecing together their Wiccan education by reading a chapter from one book, a few pages from another. Rather than depending on snippets of wisdom to build a new faith, Wicca for Beginners provides a solid foundation to Wicca without limiting the reader to one tradition or path. Embracing both the spiritual and the practical, Wicca for Beginners is a primer on the philosophies, culture, and beliefs behind the religion, without losing the mystery that draws many students to want to learn. Detailing practices such as grounding, raising energy, visualization, and meditation, this book offers exercises for core techniques before launching into more complicated rituals and spellwork. Finalist for the Coalition of Visionary Resources Award for Best Wiccan/Pagan Book "In her first book-length work, Sabin presents a first-rate, fresh, and thorough addition to the burgeoning field of earth-based spiritual practice volumes...written in a light, informative style that magically mines depth, breadth and brevity."—Publishers Weekly (starred review)

American Book Publishing Record

Cumulative 2000

R. R. Bowker

Ancient Healing Techniques

A Course in Psychic & Spiritual Development

Llewellyn Worldwide Limited Thousands of years ago, the High Priests of Egypt performed a special rite called a Final Initiation. Many of these secret ceremonies took place at the Great Pyramid, where initiates performed sacred rituals involving breathing, meditating, and chanting. Afterwards, the students were ready to enter the world as healers. The author of Ancient Teachings for Beginners, Douglas De Long demonstrates how to perform this Final Initiation rite and other methods for advancing one's psychic and healing abilities. These techniques-involving energy healing, chakra work, color, chanting, breathing-are designed to help one achieve spiritual, emotional, and physical well-being.

Astral Projection for Beginners

Learn Several Techniques to Gain a Broad Awareness of Other Realms of Existence

Llewellyn Worldwide Provides step-by-step instructions for astral projection techniques, including travelling to different times and eras, reuniting with departed loved ones, and receiving direction from spirit guides

Chakras Beyond Beginners

Awakening to the Power Within

Llewellyn Worldwide Discover the path to your energetic core and bring each chakra into its full potential with *Chakras Beyond Beginners*. Building on concepts presented in *Chakras for Beginners*, David Pond takes you past basic understanding to explore the many ways chakras can enhance the flow of vital energy in all aspects of your life. Learn how to identify and remove the obstacles that inhibit your energy, as well as how to keep that flow open. Raise your awareness of other people's energy fields and use it to improve your relationships. Find fulfillment, security, and happiness by balancing your chakras. With this guide, you'll unlock your true essence and the source of your well-being. Praise: "[*Chakras Beyond Beginners*] catapults the serious student into a completely transformed self, awakening to a new reality. This broad-ranging powerhouse is the premier treatment of the subject and beyond!" —Diana Stone, author of *Playing the Ascension Game* "An insightful and uplifting gift—a true gem. David takes us on an enlightening tour of each chakra, explaining the energetic essence of who we are and making clear that when we control our energy, we control our destiny."—Alex Holland, MAc, LAc, author of *Voices of Qi* "Anchored at the center of converging illumination, inspiration, and compassion, gifted teacher David Pond opens the way for a spiritually mature journey, embracing the depths and riches of the eternal path through the chakras."—Linda Howe, author of *How to Read the Akashic Records* "[*Chakras Beyond Beginners* is] a seminar preserved in book form so that we can refer back to it when stress gets our chakras get out of alignment."—Donna Cunningham, author of *Counseling Principles for Astrologers* "David's knowledge of the chakras is what Rumi is to sacred poetry and Eckhart Tolle is to the present moment."—Cheryl Thomas, owner and operator of Chapter One Bookstore in Ketchum, Idaho "David takes the reader on a journey, teaching new skills to deepen our relationship with our highly creative and magnetizing true selves."—Marie Manuchehri, author of *Intuitive Self Healing* "Without question, [*Chakras Beyond Beginners*] will be the 'go

to' book for many years to come. David Pond has indeed penned both a valuable resource and a treasure."—Andria Friesen, author of *Speak for the Trees*

Wheels of Life

A User's Guide to the Chakra System

Llewellyn Worldwide As portals between the physical and spiritual planes, the chakras offer unparalleled opportunities for growth, healing, and transformation. Anodea Judith's classic introduction to the chakra system, which has sold over 200,000 copies, has been completely updated and expanded. It includes revised chapters on relationships, evolution, and healing, and a new section on raising children with healthy chakras. Wheels of Life takes you on a powerful journey through progressively transcendent levels of consciousness. View this ancient metaphysical system through the light of new metaphors, ranging from quantum physics to child development. Learn how to explore and balance your own chakras using poetic meditations and simple yoga movements—along with gaining spiritual wisdom, you'll experience better health, more energy, enhanced creativity, and the ability to manifest your dreams. Praise: "Wheels of Life is the most significant and influential book on the chakras ever written."— John Friend, founder of Anusara Yoga

Empath & Psychic Abilities

3 BOOKS IN 1 - The Enlightening Guide to the Third Eye Awakening in Highly Sensitive People, Managing Psychic Gift and Mind Power Through Intuition and Meditation

Top Notch International LTD Can you clearly sense the emotions of others that too often affect your life? Then learn to harness this ability because you are one of the few who hold power beyond this dimension! For us (empathic people), every feeling and emotion of others becomes a heavy boulder that we carry in our lives as if we had to keep the whole weight of the world on our shoulders. The real problem is

that all this happens when we don't really comprehend the potential of our gift and envy others who don't seem to understand how we feel. As if we came from another world. You will find the truth written within these pages but know that empathic energy is the gateway to higher consciousness that can change your life and the lives of those close to you. You really can acquire and control unique capabilities right away! What you will find inside: • How to unlock your powerful inner psychic abilities by getting in touch with your soul and embracing your empathic gift, • Developing and understanding your abilities to balance your mind, increase your self-confidence, and help others through your extraordinary sensitivity, • The secrets of getting in touch with your spiritual guides to perceive your value and infuse yourself with their incredible energy, • How to use your empathic gift to enhance your ability for intuition, telepathy, astral projection, dream reading and aura perception, • Managing your emotional empathy to avoid having your energy drained by toxic individuals and situations and learning how to harness your gifts and finally love yourself, • Techniques for opening your Third Eye, awakening your Kundalini, and activating your chakras with meditations and practical exercises that will give you awareness and inner harmony, And much more! Included in the Paperback and Hardcover versions is exclusive access to the online course about Empathy and Psychic Abilities. Click "Buy Now" and unlock the full potential of your mind!

Bibliographic Guide to Psychology

Chakra Awakening

Transform Your Reality Using Crystals, Color, Aromatherapy & the Power of Positive Thought

Llewellyn Worldwide It is possible to design your own reality and live each day with prosperity, joy, and complete health. With gemstones, crystals, and the power of focused intent, you can transform your life using the amazing energy within—the chakras. Drawing on ancient spiritual wisdom and the law of attraction, this practical guide shows you how to activate and balance the seven main chakras—energy centers in the body that influence everything from migraines and fertility to creative expression and intuition. Perform simple techniques using gems, crystals, colors, essential oils, and other effective tools to foster healing and create positive change for your physical, emotional, and spiritual well-being. Chakra Awakening includes color photos of more than seventy gemstones, plus step-by-step exercises to help you bring true balance to every facet of your life. Identify areas that may need adjustment Clear negative energy Align each of your chakras Create sacred space with sound and herbs Praise: "This book can truly help you balance all of your

chakras (and your life) with ease and joy!"—Denis Linn, bestselling author of Sacred Space

Llewellyn's Complete Book of Astrology

The Easy Way to Learn Astrology

Llewellyn Worldwide The easiest way to learn astrology is to start with yourself. Your astrological birth chart is a powerful tool for gaining a deeper understanding of your unique gifts, talents, challenges, and life's purpose. As you begin to decipher the wealth of information in your own birth chart, you'll experience astrology in a personally meaningful way—which makes it easier to understand and remember. Once you learn the basics of astrology, you'll be able to read the birth charts of yourself and others. This friendly guidebook is the most complete introduction to astrology available. Popular astrologer Kris Brandt Riske presents the essentials of astrology in a clear, step-by-step way, paying special attention to three areas of popular interest: relationships, career, and money. She explains the meaning of the planets, zodiac signs, houses, and aspects, and how to interpret their significance in your chart. Over 30 illustrations, including the birth charts of several famous people—Al Gore, Oprah Winfrey, Brad Pitt, and Tiger Woods, to name just a few—add a helpful visual dimension to your learning experience. Practical and positive, Llewellyn's Complete Book of Astrology offers techniques for using astrology to identify the qualities you seek in an ideal mate, realize your career and financial potential, calculate your luck, and discover your inner strength.

Kabbalah, Magic, and the Great Work of Self-transformation

A Complete Course

Llewellyn Worldwide Based on an innovative blend of Kabbalah and magic, a step-by-step program toward spiritual attainment guides readers through each level of the the Golden Dawn system of ritual magic and its corresponding sphere in the Kabbalah Tree of Life. Original. 10,000 first printing.

Sex Magic for Beginners

The Easy & Fun Way to Tap into the Law of Attraction

Llewellyn Worldwide A unique blend of sex magic and the Law of Attraction, this easy-to-use and practical book shows you how to use sexual energy to get anything you want. Popular author and magician Skye Alexander teaches you to direct your innate creative force to attract good health, prosperity, and happiness. From intensifying passion to achieving career success, this compact but comprehensive guide presents a surprising array of ways in which sex magic can enhance your life. It reveals the connections between sex, power, and magic and presents rituals, spells, techniques for working with a partner, visualizations, glamours, elixirs, amulets, talismans, and more. —Attract abundance —Enhance love and pleasure —Create new opportunities —Increase personal power" —Improve health —Spark creativity —Develop insight and intuition

Flying Without a Broom

Astral Projection and the Astral World

Llewellyn Espanol For a moment, imagine being totally free of any constraints. You can visit any point in time, any point in space. And imagine that you can do this easily, anytime you want. Many people thought that Witches could do this by riding on a broom. The broom ride was only symbolic, but Witches do know how to travel on the astral plane. So who better than a Wiccan to explain how you can travel just like a Witch? Author D. J. Conway will teach you how to visit the astral plane and more in Flying Without a Broom. In this book you will learn that astral travel is natural. You do it whenever you sleep. You will learn how to meditate, and then astral travel from within the meditative state. It's fun and easy. But what really sets this book apart is that it shows you many of the amazing things you can do while on the astral plane. You will learn how to do astral healing of others. You will discover how to let other people see your astral body (bi-location). You will be able to choose any time and any place to visit: the oracle at Delphi, the Mystery School at Dodona, the Acropolis at Athens— with this experience you can deepen your own spirituality. The book also tells you how to do magick while on the astral plane. Several rituals are described, including rituals for success, divination, spiritual growth and more. You will also discover that you are not alone on the astral plane. You will meet other travelers and other entities. Some of them you may not like, so the book gives you ways to defend yourself against them. If you want to learn astral projection from a Wiccan viewpoint, this is the book for you.

Magical Use of Thought Forms

A Proven System of Mental & Spiritual Empowerment

Llewellyn Worldwide In this comprehensive reference manual, two leading occult researchers present step-by-step instructions, some never before in print, for developing the most basic and essential skills for magical practitioners of any tradition--creating thought forms through astral manipulation. Magical Use of Thought Forms includes sections on the structure of reality and on new visualization techniques to build correct astral images for highly potent magical work, from creating a Familiar or Guardian to building a Memory Palace. Also revealed in this extraordinary guide: The occult art of observation How to build up desire as fuel for a potent astral engine The three-point location of occult power in the physical brain The creation of advanced astral structures including Godforms and angelics, aural images, and astral landscapes The most spectacular aspect of this book is the instruction given for the performance of the legendary alchemical experiment: the creation of the homunculus, an animated form that can last up to several hours.

Spirit & Dream Animals

Decipher Their Messages, Discover Your Totem

Llewellyn Worldwide Have you ever dreamt about a bird, wolf, lion, or some other creature and wondered what it meant? From the cheerful bluebird to the courageous tiger, the animals in our dreams often have specific messages that can guide us on our life paths. Once you know your totem animal, you can call upon it for healing, protection, strength, wisdom, and spiritual guidance. In Spirit & Dream Animals, bestselling author Richard Webster will teach you simple and fun techniques to identify and connect with your spirit animal. Lucid Dreaming Astrology Numerology Pendulum Divination Meditation Dancing You'll also learn about animal symbolism in various cultures, the shamanic tradition, and how to recall your dreams more easily and vividly. This handy book also features an alphabetical dream-animal dictionary. With it, you can quickly look up the symbolic meanings of more than 150 creatures—including pets and domestic, wild, and legendary animals.

Celtic Myth & Magick

Harness the Power of the Gods & Goddesses

Llewellyn Worldwide Tap into the mythic power of the Celtic goddesses, gods, heroes, and heroines to aid your spiritual quests and magickal goals. Human and divine energies complement each other; when joined, they become a potent catalyst for true magick and change. Celtic Myth & Magick describes the energies of over 300 cross-referenced Celtic deities and heroic figures so you can quickly determine which one can best help you in attaining specific goals through magick—such as greater prosperity (Cernunnos), glowing health (Airmid), or a soul partner (Aengus MacOg). This guidebook explains how to use creative Pagan ritual and pathworking to align yourself with the energy of these powerful archetypes. Undertake three magickal quests to the inner plane—where you'll join forces with Cuchulain, Queen Maeve, and Merlin the Magician to bring their energies directly into your life. This inspiring, well-researched book is written especially for solitary Pagans who seek to expand the boundaries of their practice to form working partnerships with the divine.

Dowsing for Beginners

The Art of Discovering Water, Treasure, Gold, Oil, Artifacts

Llewellyn Worldwide This introduction explains dowsing techniques and uses, including map dowsing, hand and body dowsing, agricultural dowsing, and psychic dowsing

Pendulum Magic for Beginners

Power to Achieve All Goals

Llewellyn Worldwide "Using the ... techniques in this book, you can consult a pendulum for guidance, self-improvement, psychic development, and a wealth of other practical purposes ..."--Back cover.

Summoning Spirits

The Art of Magical Evocation

Llewellyn Worldwide Limited Now you can learn how to evoke and communicate with 50 spirit entities and make use of their abilities, when you get Summoning

Spirits by Konstantinos. Evoking spirits is one of the most powerful magical techniques you can use-but, until now, most of the material available on evocation has been virtually unusable because it was written by those with little practical evocation experience. Summoning Spirits was written by a practicing magician who has successfully performed many evocations. With his guidance and clear directions, performing evocations will be easy and safe for anyone. ·Learn to safely evoke powerful spirits to aid you with any task ·Create sigils charged with the energy of spirits to magnify the effects of your evocations ·Make an etheric egregore, a manufactured spirit that will perform the task of your choice ·Perform easy exercises to train your magical abilities and to develop clairvoyance and clairaudience ·Construct, prepare, and use special magical tools to aid your evocations · Summoning Spirits is a complete manual for evoking entities to effect positive changes in your life. Learn how the spirits that dwell on the other planes can be evoked to the astral and physical planes to help you obtain mystical abilities, locate hidden "treasure," and even command a spirit "army" to protect your home while you're away. Summoning Spirits describes the specific attributes and abilities of 50 entities that you can evoke to uncover valuable knowledge, and who will help you succeed in nearly any task, magical or mundane. Whether you need help to face life's challenges or to work a minor miracle, you will find the art of magical evocation a tremendously potent tool for change. Included are information and theory, as well as full instructions for all the rituals you will need to prepare for and then evoke spirits. No other book makes this ancient magical technique as easy to understand and use, as does this one. That's why you must get Summoning Spirits.

Catalog of the Unexplained

From Aliens and Aromatherapy to Zen and Zener Cards

Llewellyn Worldwide Explore the mesmerizing depths of the esoteric and unexplainable with this outstanding A to Z reference guide. Catalog of the Unexplained provides fascinating entries on 450 topics, from angels and herbalism to tarot and vampires. Magical practitioners, holistic healers, ghost hunters, spiritual seekers, and trivia fans alike will marvel at the knowledge this book contains. Authors Leanna and Beleta Greenaway provide brief and in-depth entries on: Acupuncture Animal Totems Astral Projection Candles Color Therapy Curses Dreams Dowsing ESP Exorcism Fairies Feng Shui Fortune-Telling Hypnosis I Ching Kundalini Lucid Dreaming Numerology Palm Reading Psychic Development Reiki Spellcasting UFOs Voodoo Witchcraft Yoga

The Llewellyn Complete Book of

Psychic Empowerment

A Compendium of Tools & Techniques for Growth & Transformation

Llewellyn Worldwide Limited Embark on the journey of a lifetime—master the psychic tools and techniques required to develop your highest potential and enjoy success beyond your wildest dreams. Psychic empowerment is a continuous process of growth and self-discovery. When we are psychically empowered, we become increasingly aware of the boundless power within ourselves and the unlimited possibilities and opportunities around us and beyond. Through psychic empowerment, we can unleash vast inner sources of new growth potential and achieve new levels of personal fulfillment. We can lift our consciousness to a higher plane and add depth and greater meaning to our lives. Written by Carl Llewellyn Weschcke and Joe H. Slate, Ph.D., this is the most comprehensive psychic development guide available anywhere. It is richly supported by detailed tables, charts, and developmental exercises. Incorporating the latest discoveries in quantum physics, it organizes the concepts of psychic empowerment into a progressive, cohesive plan that features straightforward instruction on a wealth of psychic empowerment methods and practices: ESP • ASTRAL PROJECTION • AURA READING • THE CHAKRA SYSTEM CLAIRVOYANCE • REMOTE VIEWING • PRECOGNITION • SIGILS DREAM INTERPRETATION/INTERVENTION • PSYCHOKINESIS REMEMBERING PAST LIVES AND LIFE BETWEEN LIVES TELEPATHY AND SELF-TALK • VISUALIZATION DIVINATION • CRYSTAL GAZING • DOWSING • GEOMANCY HANDWRITING ANALYSIS • I CHING • SPIRIT COMMUNICATION RUNES • SAND READING • TAROT • SELF-HYPNOSIS TEA LEAF AND COFFEE GROUND READING • MEDITATION MAGIC RITUALS AND SHAMANISM Each technique strengthens the divine spark of greatness existing in everyone—and leads to better health, happier relationships, greater financial success, and enhanced spiritual growth.

Numerology for Beginners

Easy Guide to Love, Money, Destiny

Llewellyn Worldwide Within a few minutes, learn to assess vibrations surrounding a specific year, month, and day—even a specific person--through this numerology guide.

Llewellyn's Complete Formulary of Magical Oils

Over 1200 Recipes, Potions & Tinctures for Everyday Use

Llewellyn Worldwide Step into the fantastically fragrant world of magical oils and discover a new, invigorating way to delight your senses, uplift your spirits, improve your health, and enjoy total relaxation. Whether your intention is magical or medicinal, specially blended essential oils can enrich your life with their mystical, energizing, and transformative power. Within this one-of-a-kind portable apothecary, you'll learn to select and mix 67 essential oils for a myriad of magical, medicinal, and spiritual applications. Spanning every purpose from inner calm and romance to healing and energy work to prayer and spellcraft, all 1,200 recipes are arranged alphabetically to make it easy to find precisely what you need. Step by step, Celeste Rayne Heldstab also shows how to create your own blends for spells, rituals, and remedies. Amp up their potency with correspondences for the elements, day of the week, time of day, Moon phase, astrological sign, herbs, and gemstones.
—Protection for house & home —Love & passion —Career & finances —Dreamwork & meditation —Beauty & skin care —Fatigue, headaches, & other common ailments
 Praise: "Celeste skillfully demystifies the process of using and blending oils by providing lucid, detailed, and easy-to-read instructions while emphasizing the magical power inherent in plants."—Judika Illes, author of The Encyclopedia of 5,000 Spells

Destiny of Souls

New Case Studies of Life Between Lives

Llewellyn Worldwide "Journey of Souls and Destiny of Souls are two of the most fascinating books I have ever read."—Academy Award-Winning Actress and Author Shirley MacLaine A pioneer in uncovering the secrets of life, internationally recognized spiritual hypnotherapist Dr. Michael Newton takes you once again into the heart of the spirit world. His groundbreaking research was first published in the bestselling Journey of Souls, the definitive study on the afterlife. Now, in Destiny of Souls, the saga continues with 70 case histories of real people who were regressed into their lives between lives. Dr. Newton answers the requests of the thousands of readers of the first book who wanted more details about various aspects of life on

the other side. Destiny of Souls is also designed for the enjoyment of first-time readers who haven't read Journey of Souls. Explore the meaning behind your own spiritual memories as you read the stories of people in deep hypnosis, and learn fascinating details about: Our purpose on Earth Soul mates and spirit guides Spiritual settings and where souls go after death Soul travel between lives Ways spirits connect with and comfort the living The soul-brain connection Why we choose certain bodies

The Llewellyn Practical Guide to Astral Projection

Llewellyn Worldwide The Llewellyn Practical Guide to Astral Projection by Denning and Phillips is simply the best step-by-step set of lessons for learning this skill ever published. Over a quarter-million people are using this book to help them learn this valuable skill. If you want to learn how to project your consciousness onto the astral plane, you should use it, too. First, as the book shows, this skill is natural. You do it all the time (in dreams, for example.) In a sense, it is more natural than walking. It is a skill you can develop with practice. Further, it allows you to have spiritual experiences on the astral plane. Plus, what you create on the astral plane creates changes on the physical plane. This is true magick! Heal someone on the astral and they will be healed on the physical. Create opportunities on the astral and you will have them on the physical. You can even experience sex on the astral plane for one of the most dynamic experiences you will ever have. And you can learn how to do all of this in The Llewellyn Practical Guide to Astral Projection. But it is not only the information in this book that makes it easy to understand and use. The very design of each chapter ? as well as the illustrations, photos, charts, etc. ? make it easy for you to learn the techniques to consciously control your astral projection experiences. The book begins by showing you what astral projection is and what it is not, what can happen and what is fantasy. As a result, you will discover that astral projection can be safe, comforting, exhilarating, and fun. Then you will learn methods of being able to let your consciousness leave your body and safely explore the astral plane. With this book in hand you can explore realms you've only dreamed of. Make your dreams a reality.

Hands-on Chaos Magic

Reality Manipulation Through the Ovayki Current

Llewellyn Worldwide This irreverent guide to chaos magic emphasizes experimentation and finding out what works best for you. Andrieh Vitimus presents a revolutionary hands-on course of study for the average Jane or Joe. Vitimus banishes the severe tone of other esoteric orders, offering an accessible and practical

approach that makes it easier to perform successful chaos magic that is uniquely your own. Praise: "Andrieh Vitimus is the real deal...honest-to-gods, in-your-face magic. Hands-On Chaos Magic is just what it says, and the next best thing to working with the master himself." --Lon Milo DuQuette, author of The Magick of Aleister Crowley, Homemade Magick, and Low Magick "A must-have for any magician." --Taylor Ellwood, author of Multi-Media Magic "Written with intelligence, experience, and a genuine desire to empower readers." --Raven Digitalis, author of Shadow Magick Compendium "A usable introduction to the concepts and practical techniques of chaos magic."--Donald Michael Kraig, author of Modern Magick "A well-considered and thorough contribution to the chaos magic current."--Dave Lee, author of Chaotopia

Kundalini

An untold story

Jaico Publishing House You don't have to be a monk to enter the ultimate realm of happiness! Yes, it's true. In his book Kundalini - An Untold Story, Himalayan ascetic Om Swami unveils the enigmatic story of kundalini, the formless aspect of the Goddess or your primordial energy. With workable steps for awakening this energy source, the author explains the esoteric and practical meaning of kundalini and the seven chakras in his usual humorous style. These riveting anecdotes are based on his personal experience gained from years of intense meditation. Take an awe-inspiring journey - something no other book on spirituality can offer - from the origins of kundalini all the way to Swami's own sadhana in the modern age. Om Swami is a mystic living in the Himalayan foothills. He has a bachelor's degree in business and an MBA from Sydney, Australia. Prior to his renunciation of this world, he founded and ran a multi-million dollar software company successfully. He is the bestselling author of A Fistful of Love.

Astral Projection for Psychic

Empowerment

Practical Applications of the Out-of-Body Experience

Llewellyn Worldwide Science is confirming what ancient wisdom has always asserted—that reality is far more complex than we have imagined, and that our individual potential is far greater than we have believed. In this time of expanding consciousness, the new frontier—the gateway to spiritual growth and self-empowerment—is through the astral realm. Astral Projection for Psychic Empowerment introduces you to the real-world benefits that come from exploring

the astral plane. Learn controlled, self-induced astral projection and reach beyond physical limitations to new sources of knowledge. Live and love more fully than you have ever thought possible by tapping your immense unconscious powers and integrating them into your conscious experience. Delve into the pages of this fascinating book and learn to: Induce an out-of-body experience Safely visit astral realms Explore past lives Communicate with guides and entities Interpret the aura for health and healing Create powerful thought forms Practice astral sex Expand your psychic awareness Achieve your goals Understand psychokinesis and the power of your mind This comprehensive guide includes true case studies of astral projection, scientific test results from laboratory studies, and a seven-day developmental program designed to unleash your highest potential.

Postmodern Magic

The Art of Magic in the Information Age

Llewellyn Worldwide Limited A new look at magical arts examines imagination, psychology, and authority before explaining the significance of symbols, elementals, spirits, and artifacts, and gives techniques for creating glamours, divination decks, and your own astral temple.

Psychic Medium

Unlock the Secrets of Psychic Development, Mediumship, Divination and Pendulums

Four manuscripts in one book: Psychic Development: An Essential Guide to Telepathy, Divination, Astral Projection, Mediumship, Clairvoyance, Healing, and Psychic Witchcraft Divination: An Essential Guide to Astrology, Numerology, Tarot Reading, Palmistry, Runecasting, and Other Divination Methods Mediumship: The Ultimate Guide to Becoming a Spiritual Medium and Developing Psychic Abilities Such as Clairvoyance, Clairsentience, and Clairaudience Pendulum: The Ultimate Guide to the Magic of Pendulums and How to Use Them for Divination, Dowsing, Tarot Reading, Healing, and Balancing Chakras In part one, you will: Discover how to tap into your innate psychic abilities. Learn how to communicate with spirits and ghosts. Uncover everything you need to know about psychic tools and how to use them. Master how to read and heal energy. Find out vital information about your past and future. Start exploring other spiritual worlds. Master techniques to heal

illnesses and diseases before they arise. Learn how to use divination tools to predict your future. In part two, you will: Learn the intricacies and details of numerology and see the power hidden in everyday numbers. Delve into the ancient divination method of runecasting and discover how these small stones or crystals reveal surprising things about you! Use tarot cards to tell you the exact meaning behind your actions, influences, and courses of action. See the lines on your palm transform into profound explanations related to your life, love, and career with palmistry. Learn how to interpret symbols in an entire chapter on birth charts. In part three, you will: Learn how to open your psychic portals and communicate with the spirits. Discover the most powerful techniques to attract positive spirits from the afterlife and higher dimensions. Uncover simple methods to explore non-physical realms. Investigate remarkable exercises to calm your mind and receive intuitive messages. Find out how you can connect and build a relationship with your spirit guides. Get detailed and easy ways to form your spiritual circle from the comfort of your home. Learn how to read auras and energy signatures. In part four, you will: Learn what a pendulum is and its rich history Find out how to choose the best pendulum Learn what to do before you start using pendulums to optimize your results Discover how to activate a pendulum and communicate with it Uncover how pendulums can be used for spiritual and physical healing Master the art of locating lost objects Be able to identify the various properties of crystal pendulums Learn how pendulums allow you to tap into magic and divination Get a copy of this book now and start your journey into uncovering all your psychic abilities.

Communicating with Spirit

Here's How You Can Communicate (and Benefit from) Spirits of the Departed, Spirit Guides & Helpers, Gods & Goddesses, Your Higher Self and Your Holy Guardian Angel

Llewellyn Worldwide Bring Your Unconscious Powers into the Conscious Mind and Make a Life of Greater Success and Happiness Master the Tools of Psychic Empowerment and Self-Knowledge Become more than you are Spiritual communication is no longer a passive state of waiting to hear the spirits speak through a medium or channel. Discover how to manifest an active state of consciousness and create direct communication with specific spirits and spiritual entities. This is a do-it-yourself book, personal and individual, so you no longer have to depend on groups and institutions for power or authority. With clear and precise instructions, Communicating with Spirit shows you how to return Spirit to your inner

self, open the doors to communication at the spiritual levels, and extend perception from material limitations toward the inclusiveness of higher-dimensional awareness. Explore yourself and the world of spirit—the answers come from within.

Modern Magick

Twelve Lessons in the High Magickal Arts

Llewellyn Worldwide For over two decades, Donald Michael Kraig's *Modern Magick* has been the world's most popular step-by-step guide to working real magick. Tens of thousands of individuals and groups have used this course as their primary instruction manual. Now, greatly revised and expanded, this set of lessons is more complete and relevant to your life than ever. Written with respect for the student, *Modern Magick* will safely guide you—even if you know little or nothing—through a progressive series of practical exercises and rituals, complemented by the knowledge, history, insights, and theory you need to become a successful ceremonial magician. Firmly rooted in the Western magickal tradition yet designed to be fully compatible with your contemporary practice, this book will help you attain full mastery of all core topics in magick: The inner mysteries of the Kabbalah The most powerful rituals of magick How to create and perform your own rituals True meditation Magickal ethics Astral projection Tools of magick Evocation of spirits Pathworking Tantra and sex magick The importance of the Tarot Talismans and amulets Secrets of visualization Alchemy Psychic self-defense Healing rituals Filled with personal stories and helpful illustrations, along with updated and brand-new material, this new edition of *Modern Magick* features a completely new lesson that reveals the concepts, techniques, and rituals of Neuro-Linguistic Programming, Chaos Magick, and Postmodern Magick. Ideal for beginning, intermediate, or advanced students, and perfect as a manual for magickal temples, this is essential reading for every true magician. "Modern Magick is a modern-day classic. It has become the standard textbook of practical magickal knowledge for magicians all over the world. We highly recommend it to beginner and adept alike."—Chic Cicero and Sandra Tabatha Cicero, authors of *Experiencing the Kabbalah* and *Self-Initiation into the Golden Dawn Tradition*

Spiritual Telepathy

Ancient Techniques to Access the

Wisdom of Your Soul

Quest Books Colleen Mauro founded Intuition: A Magazine for the Higher Potential of the Mind to introduce readers to the emerging field of intuition development. In her new book, she takes readers beyond the intuition basics and introduces them to the next step—a more advanced form of intuitive perception called spiritual telepathy. This book provides the ancient mind-training techniques that will allow you to access the wisdom and guidance of your own soul. These techniques, once taught in the ancient mystery schools come from a body of knowledge called the Ageless Wisdom. The Wisdom teachings tell us that the soul is our gateway to the higher worlds. Through the soul, we have access to the universal or divine mind where information on all subjects can be found. In the past, it's been only the "special" people—our saints, shamans and spiritual leaders—who have had access to the higher worlds. Colleen assures us that we can all gain access to that universal wellspring of inspiration and knowledge.

The Complete Book of Auras

Learn to See, Read, Strengthen & Heal Auras

Llewellyn Worldwide Have you ever wanted to get an immediate picture of someone's mood, personality, state of health, or true nature? It's easy to learn to recognize and interpret the aura—the colorful bands of energy that emanate from the soul. And once you do, you'll have a powerful edge in achieving goals, improving your health, helping others, and enjoying success in all areas of your life. Based on decades of teaching thousands of people this life-enriching practice, Richard Webster shares proven, step-by-step techniques for seeing, feeling, strengthening, and cleansing the aura. Through meditations, visualizations, and creative exercises, you'll learn to tap into the body's chakra system—the energy centers that correspond to the aura's seven layers—and discover simple ways to: Clear and balance your chakras using crystals and pendulums Recognize signs of illness and heal yourself Protect your aura from psychic attack Give accurate readings for others Read the auras of your pets and treat their ailments

How to Use a Crystal

50 Practical Rituals and Spiritual

Activities for Inspiration and Well-Being

Llewellyn Worldwide A World of Possibilities with Just One Stone All you need is one crystal to deepen your magical practice and reach your goals. Bestselling author Richard Webster presents an accessible and inspiring guide filled with practical rituals and spiritual activities that can be performed with a single stone. Discover how to choose, cleanse, and energize your crystal. Once you've prepared your chosen crystal, you can explore fifty ways to use it: attract love, control stress, bless your home, enhance creativity, deal with regrets, communicate with spirit guides, recall past lives, make crystal elixirs, find forgiveness, and much more. How to Use a Crystal is the ideal guide to greater health and happiness through crystal work.