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KEY=ARTS - ANGELICA MAYRA

YOUR UNIQUE FACILITATOR STYLE

EXPLORE YOUR SPECIAL GIFTS AND POWERS AS A FACILITATOR, THERAPIST, TEACHER, COACH, AND HELPER

Gatekeeper Press Whether you are a student-in-training or a long-time practitioner, this book will help you explore the unique style that animates your work and makes you most creative and effective. The contents of this book will be enriching for facilitators of all kinds including therapists, organizational facilitators, coaches, teachers, leaders, and other types of individual and group helpers. Through lively stories, discussions, pictures, and numerous process-oriented exercises, you'll explore the many facets of your style, the mythic flow that moves you while working, and how your facilitator skills come to life in your own special way. You'll understand that your unique style is one of the greatest gifts that you share with others, even though you are usually not quite aware of it. You'll also discover the special artistry that lies hidden in the most unusual parts of you, including your biggest learning problems!

HOKUSAI

BEYOND THE GREAT WAVE

An acknowledged master during his lifetime, Hokusai created sublime works during the last thirty years of his life, right up to his death at the age of ninety. Exhibitions since the 1980s have presented his long career as a chronological sequence. This publication, which will coincide with an exhibition at the British Museum, takes a fresh approach based on innovative scholarship: thematic groupings of late works are related to the major spiritual and artistic quests of Hokusai's life. Hokusai's personal beliefs are contemplated here through analyses of major brush paintings, drawings, woodblock prints, and illustrated books. The publication gives due attention to the contribution of Hokusai's daughter Eijo (Oi), also an accomplished artist. Hokusai continually explored the mutability and minutiae of natural phenomena in his art. His late subjects and styles were based on a mastery of eclectic Japanese, Chinese, and European techniques and an encyclopedic knowledge of nature, myth, and history. Hokusai: Beyond the Great Wave draws on the finest collections of his work in Japan and around the world, making this the most important publication for years on Hokusai and a uniquely valuable overview of the artist's late career.

CONCERNING THE SPIRITUAL IN ART

Library of Alexandria

MASTERING THE ART OF JAPANESE HOME COOKING

Ecco The revered Iron Chef shows how to make flavorful, exciting traditional Japanese meals at home in this beautiful cookbook that is sure to become a classic, featuring a carefully curated selection of fantastic recipes and more than 150 color photos. Japanese cuisine has an intimidating reputation that has convinced most home cooks that its beloved preparations are best left to the experts. But legendary chef Masaharu Morimoto, owner of the wildly popular Morimoto restaurants, is here to change that. In Mastering the Art of Japanese Home Cooking, he introduces readers to the healthy, flavorful, surprisingly simple dishes favored by Japanese home cooks. Chef Morimoto reveals the magic of authentic Japanese food—the way that building a pantry of half a dozen easily accessible ingredients allows home cooks access to hundreds of delicious recipes, empowering them to adapt and create their own inventions. From revelatory renditions of classics like miso soup, nabeyaki udon, and chicken teriyaki to little known but unbelievably delicious dishes like fish simmered with sake and soy sauce, Mastering the Art of Japanese Home Cooking brings home cooks closer to the authentic experience of Japanese cuisine than ever before. And, of course, the famously irreverent chef also offers playful riffs on classics, reimagining tuna-and-rice bowls in the style of Hawaiian poke, substituting dashi-marinated kale for spinach in oshitashi, and upgrading the classic rice seasoning furikake with toasted shrimp shells and potato chips. Whatever the recipe, Chef Morimoto reveals the little details—the right ratios of ingredients in sauces, the proper order for adding seasonings—that make all the difference in creating truly memorable meals that merge simplicity with exquisite flavor and visual impact.

THE MERLION AND MT. FUJI

50 YEARS OF SINGAPORE-JAPAN RELATIONS

World Scientific Anime, Manga, Sushi, Teriyaki, J-pop, Harajuku fashion ... these are just some of the cultural exports from Japan that the rest of the world have embraced and Singapore is one of Japan's biggest fans. Singaporeans have benefited not just by being a consumer of the many technological advances from Japan (Mitsubishi, Toyota, Honda, Panasonic, and Sony to name a few) but also shared and learnt through economic, political, and intellectual exchanges over the past 50 years since the start of the bilateral ties between these two nations. In 1868, Japan was the first East Asian country that underwent rapid modernization and its development was shared with Singapore from the 1970s onwards as the Japanese growth model was selectively emulated by the Four Asian Tigers (Hong Kong, Singapore, South Korea, and Taiwan). Currently, as the most advanced economies in Southeast and Northeast Asia respectively, Singapore and Japan will continue to be demonstrative case studies of economic development in the region. There are similarities too between these two countries: an aging population, changing geopolitical realities, mature economies, and environmental challenges. The Merlion and Mt. Fuji is not just a historical account of the bilateral cooperation but also includes honest narratives on what it is like being a Singaporean student on exchange in Japan, an anime and manga fan outside of Japan, and some omotenashi appreciation.

AN ARTIST OF THE FLOATING WORLD

*Faber & Faber *Kazuo Ishiguro's new novel Klara and the Sun is now available* SHORTLISTED FOR THE BOOKER PRIZE WINNER OF THE WHITBREAD (NOW COSTA) BOOK OF THE YEAR 1948: Japan is rebuilding her cities after the calamity of World War II, her people putting defeat behind them and looking to the future. The celebrated painter Masuji Ono fills his days attending to his garden, his two grown daughters and his grandson, and his evenings drinking with old associates in quiet lantern-lit bars. His should be a tranquil retirement. But as his memories continually return to the past - to a life and a career deeply touched by the rise of Japanese militarism - a dark shadow begins to grow over his serenity. 'An exquisite novel.' Observer 'Pitch-perfect . a tour de force of unreliable narration.' Guardian 'A work of spare elegance: refined, understated, economic.' Sunday Times*

ISSUE 1 - PREMIERE ISSUE OF ATLANTIS RISING MAGAZINE

Atlantis Rising magazine In this 88-page Premiere Issue #1: Top 10 Ancient Civilizations with Advanced Technology BY David Hatcher Childress John Anthony West An candid conversation Tropical Disease Threat Electro-Magnetic Pollution James Redfield The Atlantis Dimension Graphic Novel part One ANCIENT MYSTERIES

THE BOOK OF FIVE RINGS (ANNOTATED)

The Book of Five Rings is a text on kenjutsu and the martial arts in general, written by the Japanese swordsman Miyamoto Musashi around 1643. Written over three centuries ago by a Samurai warrior, the book has been hailed as a limitless source of psychological insight for businessmen-or anyone who relies on strategy and tactics for outwitting the competition.

IKIGAI

THE JAPANESE SECRET TO A LONG AND HAPPY LIFE

Random House THE INTERNATIONAL BESTSELLER We all have an ikigai. It's the Japanese word for 'a reason to live' or 'a reason to jump out of bed in the morning'. It's the place where your needs, desires, ambitions, and satisfaction meet. A place of balance. Small wonder that finding your ikigai is closely linked to living longer. Finding your ikigai is easier than you might think. This book will help you work out what your own ikigai really is, and equip you to change your life. You have a purpose in this world: your skills, your interests, your desires and your history have made you the perfect candidate for something. All you have to do is find it. Do that, and you can make every single day of your life joyful and meaningful. _____ 'I read it and it's bewitched me ever since. I'm spellbound.' Chris Evans 'A refreshingly simple recipe for happiness.' Stylist 'Ikigai gently unlocks simple secrets we can all use to live long, meaningful, happy lives. Warm, patient, and kind, this book pulls you gently along your own journey rather than pushing you from behind.' Neil Pasricha, bestselling author of The Happiness Equation

THE POLITICS OF VIETNAMESE CRAFT

AMERICAN DIPLOMACY AND DOMESTICATION

Bloomsbury Publishing Jennifer Way's study The Politics of Vietnamese Craft uncovers a little-known chapter in the history of American cultural diplomacy, in which Vietnamese craft production was encouraged and shaped by the US State Department as an object for consumption by middle class America. Way explores how American business and commerce, department stores, the art world and national museums variously guided the marketing and meanings of Vietnamese craft in order to advance American diplomatic and domestic interests. Conversely, American uses of Vietnamese craft provide an example of how the United States aimed to absorb post-colonial South Vietnam into the 'Free World', in a Cold War context of American anxiety about communism spreading throughout Southeast Asia. Way focuses in particular on the part played by the renowned American designer Russel Wright, contracted by the US International Cooperation Administration's aid programs for South Vietnam to survey the craft industry in South Vietnam and manage its production, distribution and consumption abroad and at home. Way shows how Wright and his staff brought American ideas about Vietnamese history and culture to bear in managing the making of Vietnamese craft.

YOUNG PEOPLE'S VISIONS OF THE WORLD: TITLE.PDF; 02 COVER-MS1; 03 REVISED EBOOKS END USER LICENSE AGREEMENT-WEBSITE; 04 CONTENTS-MS; 05 ABOUT THE EDITORS-; 06 FOREWORD-DONE; 07 PREFACE-DONE; 08 CONTRIBUTORS-MS1; 09 ACKNOWLEDGEMENTS-DONE; 10 INTRODUCTION; 11 CHAPTER 1; 12 CHAPTER 2; 13 CHAPTER 3; 14 CHAPTER 4; 15 CHAPTER 5; 16 CHAPTER 6; 17 CHAPTER 7; 18 CHAPTER 8; 19 CHAPTER 9; 20 CHAPTER 10; 21 CHAPTER 11; 22 CHAPTER 12; 23 CHAPTER 13; 24 CHAPTER 14; 25 CHAPTER 15; 26 CHAPTER 16; 27 INDEX

Bentham Science Publishers It is widely agreed in art education literature that art educators need to think about the possibility of widening the concept of art education. Educators need to understand the context of learning and for that they need to understand student interests in both local and global aspects. This book values young people's expression of their own culture and personal interests. It is unique in that the starting point is the drawings of the young people - not to illustrate a predetermined theory, but to enable young people from different countries to express their visions about the world - illustrati.

THE ART OF WAR

Lulu.com an ancient military treatise by Sun Tzu on warfare, statesmanship thinking and tactical methods, business tactics, countertactics, negotiation, dialogue, cooperation plans, approach strategies, diplomacy, and diplomatic manoeuvres The Art of War is an ancient Chinese military treatise attributed to Sun Tzu a high-ranking military general, strategist and tactician, and it was believed to have been compiled during the late Spring and Autumn period or early Warring States period. The text is composed of 13 chapters, each of which is devoted to one aspect of warfare. It is commonly known to be the definitive work on military strategy and tactics of its time. It has been the most famous and influential of China's Seven Military Classics, and for the last two thousand years it

WHEN BUDDHISTS ATTACK

THE CURIOUS RELATIONSHIP BETWEEN ZEN AND THE MARTIAL ARTS

Tuttle Publishing Uncover the historical truth about Buddhist warrior monks with this informative and enlightening book. Film, television and popular fiction have long exploited the image of the serene Buddhist monk who is master of the deadly craft of hand-to-hand combat. While these media overly romanticize the relationship between a philosophy of non-violence and the art of fighting, When Buddhists Attack: The Curious Relationship Between Zen and the Martial Arts shows this link to be nevertheless real, even natural. Exploring the origins of Buddhism and the ethos of the Japanese samurai, university professor and martial arts practitioner Jeffrey Mann traces the close connection between the Buddhist way of compassion and the way of the warrior. This zen book serves as a basic introduction to the history, philosophy, and current practice of Zen as it relates to the Japanese martial arts. It examines the elements of Zen that have found a place in budo—the martial way—such as zazen, mushin, zanshin and fudoshin, then goes on to discuss the ethics and practice of budo as modern sport. Offering insights into how qualities integral to the true martial artist are interwoven with this ancient religious philosophy, this Buddhism book will help practitioners reconnect to an authentic spiritual discipline of the martial arts.

JAPANESE LACQUER, 1600-1900

SELECTIONS FROM THE CHARLES A. GREENFIELD COLLECTION

Metropolitan Museum of Art

THE ART OF THE SALE

LEARNING FROM THE MASTERS ABOUT THE BUSINESS OF LIFE

Penguin From the author of Ahead of the Curve, a revelatory look at successful selling and how it can impact everything we do The first book of its kind, The Art of the Sale is the result of a pilgrimage to learn the secrets of the world's foremost sales gurus. Bestselling author Philip Delves Broughton tracked down anyone who could help him understand what it took to achieve greatness in sales, from technology billionaires to the most successful saleswoman in Japan to a cannily observant rug merchant in Morocco. The wisdom and experience Broughton acquired, revealed in this outstanding book, demonstrates as never before the complex alchemy of effective selling and the power it has to overcome challenges we face every day.

ZEN IN THE FIFTIES

INTERACTION IN ART BETWEEN EAST AND WEST

Reaktion Books Throughout Western history, interest in the Far East has moved in waves, in ever-changing patterns. Zen in the Fifties looks at the influence of the East, and of Zen Buddhism in particular, on a number of recent Western artists. Interest in Zen grew in the 1950s as new artistic, philosophical and psychological theories opened up the way for Western artists to explore both interior and exterior landscapes. Helen Westgeest brings into her analysis the work of John Cage, Ad Reinhardt and Mark Tobey in America, and Yves Klein and Pierre Alechinsky in France, and shows how the ideas, methods and works of these and certain other artists display affinities with those of the Zen masters. The influence of modern Western art on Japanese artists is also discussed, providing a little-noticed perspective on the West. Zen in the Fifties looks at some of the most important centers of modern art in France, Germany, the United States and Japan and offers a fascinating insight into Zen, and the characteristics of Zen art.

JAPANESE MODERN

GRAPHIC DESIGN BETWEEN THE WARS

Chronicle Books Llc Heavily influenced by Western styles and fashions of the 20's and '30s Japanese graphic designers drew inspiration from Europe's master artists and typographers, enthusiastically importing and assimilating elements of Bauhaus, Constructivism, and Futurism. With striking illustrations of posters, brochures, and match-box labels and more, this singular volume offers a scintillating look at modern Japanese graphic design.

THE SIMPLE ART OF JAPANESE CALLIGRAPHY

Sterling Publishing Company, Inc. Presents full-color illustrated instructions for creating fifteen Japanese calligraphy projects using paper, ceramics, fabric, and stones.

HOW TO LOOK AT JAPANESE ART

Echo Point Books & Media From the striking ceramics of the Jomon period to the serene ink landscapes of the Muromachi era and beyond, this elegant book will elucidate and enhance your appreciation of every aspect of Japan's rich artistic culture. Packed with historical information, cultural context, and wonderful examples, Stephen Adiss and Audry Seo present a comprehensive guide to interacting with the art of Japan. From technical details to broad characteristics and speculative interpretations, the authors offer up a variety of considerations to keep in mind when looking at Japanese art. A captivating lesson in detail, focus, and aesthetics, How to Look at Japanese Art makes for a wonderful addition to any art-lover's collection. Readers interested in related titles from Stephen Adiss or Audrey Yoshiko Seo will also want to see: Art of Zen (ISBN: 9781635610741).

BUDDHISM AND THE ARTS OF JAPAN

Anima Press

HISTORICAL PAINTING TECHNIQUES, MATERIALS, AND STUDIO PRACTICE

PREPRINTS OF A SYMPOSIUM, UNIVERSITY OF LEIDEN, THE NETHERLANDS, 26-29 JUNE 1995

Getty Publications Bridging the fields of conservation, art history, and museum curating, this volume contains the principal papers from an international symposium titled "Historical Painting Techniques, Materials, and Studio Practice" at the University of Leiden in Amsterdam, Netherlands, from June 26 to 29, 1995. The symposium—designed for art historians, conservators, conservation scientists, and museum curators worldwide—was organized by the Department of Art History at the University of Leiden and the Art History Department of the Central Research Laboratory for Objects of Art and Science in Amsterdam. Twenty-five contributors representing museums and conservation institutions throughout the world provide recent research on historical painting techniques, including wall painting and polychrome sculpture. Topics cover the latest art historical research and scientific analyses of original techniques and materials, as well as historical sources, such as medieval treatises and descriptions of painting techniques in historical literature. Chapters include the painting methods of Rembrandt and Vermeer, Dutch 17th-century landscape painting, wall paintings in English churches, Chinese paintings on paper and canvas, and Tibetan thangkas. Color plates and black-and-white photographs illustrate works from the Middle Ages to the 20th century.

ATLANTIS RISING MAGAZINE ISSUE 130 - PUSHING BACK AGAINST TECH TYRANNY PDF DOWNLOAD

Atlantis Rising magazine In This 88-page edition: POPULAR CULTURE PUSHING BACK AGAINST TECH TYRANNY Can the "New Luddites" Close Pandora's Box? BY SUSAN B. MARTINEZ, Ph.D. ANCIENT MYSTERIES THE PROSECUTION DOESN'T REST Evidence for Crime in the Great Pyramid Continues to Mount BY SCOTT CREIGHTON LOST HISTORY SEARCHING FOR ANTILIA & HYPERBOREA Atlantis and Lemuria Were Not the Only Legendary Destinations of Antiquity BY FRANK JOSEPH THE UNEXPLAINED SOCRATES & HIS INNER VOICE Was the Great Philosopher Mentally Ill, or Something Else? BY ROBERT M. SCHOCH, Ph.D. ANCIENT MYSTERIES PORTALS TO THE MULTIVERSE? Is There More to Indigenous Petroglyphs than Meets the Eye? BY KEN WELLS THE UNEXPLAINED A. CONAN DOYLE & THE FAIRIES Why Did the Creator of Sherlock Holmes Stake so Much on His Case for Little People? BY HUNTER LIGUORE CRYPTOZOOLOGY WHERE BE DRAGONS? What If the Stories Were Not Entirely Imaginary BY STEVEN SORA ALTERNATIVE HISTORY THE RIDDLES OF TIME Do the Orthodox Schedules of Our Past Really Line Up with the Facts? BY WILLIAM B. STOECKER ANCIENT AMERICA LADY LIBERTY & INDIGENOUS MOTHER WISDOM The Ancient Bond Between Native Americans and the Goddess in New York Harbor BY ROBERT HIERONIMUS, Ph.D. & LAURA E. CORTNER FUTURE SCIENCE 'IMPOSSIBLE' MATERIAL USHERS IN THE GRAPHENE AGE The Stuff the Journals Rejected Is Now the Coming "Revolution" BY JEANE MANNING THE FORBIDDEN ARCHAEOLOGIST BY MICHAEL CREMO THE 'SILURIAN HYPOTHESIS' RECONSIDERED ASTROLOGY GODDESS SIGNS Astrology of the Sacred Feminine BY JULIE LOAR PUBLISHER'S LETTER LIFE-SUSTAINING RESOURCES FROM DEAD SPACE ROCKS? BY J. DOUGLAS KENYON

CHINESE MARTIAL ARTS TRAINING MANUALS

A HISTORICAL SURVEY

North Atlantic Books Chinese martial arts masters of the past created special training manuals with text and images—sometimes appearing in the illustrations themselves—and these manuals now provide an invaluable glimpse back in time that allow readers to see how various martial arts were practiced. Covering the Ming Dynasty, the Qing Dynasty, and the Republican Period, this in-depth survey presents 30 masters and their books, placing them in the context of Chinese culture and history. Along with biographical portraits of these masters, the book covers the history of the manuals, Chinese martial arts historians, the history of Taiwanese martial arts, how Chinese martial artists made their livings, the Imperial military exams, the place of the Shaolin Temple in Chinese martial arts history, and much more. Illustrated with hundreds of photographs and drawings from the manuals themselves, the book offers a multifaceted portrait of Chinese martial arts and their place in Chinese culture.

THE RESTORATION OF ENGRAVINGS, DRAWINGS, BOOKS, AND OTHER WORKS ON PAPER

Getty Publications Ever since its original publication in Germany in 1938, Max Schweidler's Die Instandsetzung von Kupferstichen, Zeichnungen, Buchern usw. has been recognized as a seminal modern text on the conservation and restoration of works on paper. This volume, based on the authoritative revised German edition of 1950, makes Schweidler's work available in English for the first time, in a meticulously edited and annotated scholarly edition. An extensively illustrated appendix presents case studies of eleven Old Master prints that were treated using the techniques Schweidler discusses.

ZEN

MASTERS OF MEDITATION IN IMAGES AND WRITINGS

University of Hawaii Press This book places Zen art in a new and proper perspective and notes its seminal influences. By concentrating on major figures from Zen history and legend and on some outstanding prelates of the medieval Zen clergy, it is intended to bring these masters into the clearest possible focus, to "re-animate" them by means of their extant works and the interpretative representation of their physical appearances. This new study reveals the intrinsic worth of Zen architecture, sculpture, writings, and paintings themselves, as well as their cultural and historic setting. The book has the character of a richly illustrated compendium of Zen art.

RELIEF PRINTMAKING

There have been many exciting and imaginative developments in relief printmaking in recent years. This magnificent art now has a comprehensive technical guide that combines traditional styles with the up-to-the-minute techniques used by artists today. In *Relief Printmaking*, master artist Ann Westley reveals the secrets of her techniques for combining printmaking with media such as painting, photography, and three-dimensional sculpture. Step by step, readers practice the basics of cutting, inking, and printing. They also explore a wide range of imaginative traditional and progressive approaches to printmaking, including the captivating crossover between Western methods and the latest Chinese and Japanese blockmaking techniques. This unique guide also features fascinating personal stories from an array of international artists, whose works are beautifully illustrated here with over 100 resplendent color photographs.

A KAMIGATA ANTHOLOGY

LITERATURE FROM JAPAN'S METROPOLITAN CENTERS, 1600-1750

University of Hawaii Press This is the first of a three-volume anthology of Edo- and Meiji-era urban literature that includes *An Edo Anthology: Literature from Japan's Mega-City, 1750-1850* and *A Tokyo Anthology: Literature from Japan's Modern Metropolis, 1850-1920*. The present work focuses on the years in which bourgeois culture first emerged in Japan, telling the story of the rising commoner arts of Kamigata, or the "Upper Regions" of Kyoto and Osaka, which harkened back to Japan's middle ages even as they rebelled against and competed with that earlier era. Both cities prided themselves on being models and trendsetters in all cultural matters, whether arts, crafts, books, or food. The volume also shows how elements of popular arts that germinated during this period ripened into the full-blown consumer culture of the late-Edo period. The tendency to imagine Japan's modernity as a creation of Western influence since the mid-nineteenth century is still strong, particularly outside Japan studies. A Kamigata Anthology challenges such assumptions by illustrating the flourishing phenomenon of Japan's movement into its own modernity through a selection of the best examples from the period, including popular genres such as haikai poetry, handmade picture scrolls, travel guidebooks, kabuki and joruri plays, prose narratives of contemporary life, and jokes told by professional entertainers. Well illustrated with prints from popular books of the time and hand scrolls and standing screens containing poems and commentaries, the entertaining and vibrant translations put a spotlight on texts currently unavailable in English.

THE COURAGE TO BE DISLIKED

THE JAPANESE PHENOMENON THAT SHOWS YOU HOW TO CHANGE YOUR LIFE AND ACHIEVE REAL HAPPINESS

Atria Books "Marie Kondo, but for your brain." —HelloGiggles "Compelling from front to back. Highly recommend." —Marc Andreessen Reading this book could change your life. *The Courage to Be Disliked*, already an enormous bestseller in Asia with more than 3.5 million copies sold, demonstrates how to unlock the power within yourself to be the person you truly want to be. Is happiness something you choose for yourself? *The Courage to Be Disliked* presents a simple and straightforward answer. Using the theories of Alfred Adler, one of the three giants of nineteenth-century psychology alongside Freud and Jung, this book follows an illuminating dialogue between a philosopher and a young man. Over the course of five conversations, the philosopher helps his student to understand how each of us is able to determine the direction of our own life, free from the shackles of past traumas and the expectations of others. Rich in wisdom, *The Courage to Be Disliked* will guide you through the concepts of self-forgiveness, self-care, and mind decluttering. It is a deeply liberating way of thinking, allowing you to develop the courage to change and ignore the limitations that you might be placing on yourself. This plainspoken and profoundly moving book unlocks the power within you to find lasting happiness and be the person you truly want to be. Millions have already benefited from its teachings, now you can too.

ZEN AND THE FINE ARTS

Kodansha Amer Incorporated Examples of painting, architecture, gardens, drama and ceramics probe the relationship between Zen Buddhism and the fine arts

THE ART OF SOUTH AND SOUTHEAST ASIA

A RESOURCE FOR EDUCATORS

Metropolitan Museum of Art Presents works of art selected from the South and Southeast Asian and Islamic collection of The Metropolitan Museum of Art, lessons plans, and classroom activities.

THE BOOK OF TEA

Applewood Books Written in English by a Japanese scholar in 1906, ""The Book of Tea"" is an elegant attempt to explain the philosophy of the Japanese Tea Ceremony, with its Taoist and Zen Buddhist roots, to a Western audience in clear and simple terms. One of the most widely-read English works about Japan, it had a profound influence on western undertsanding of East Asian tradition.

SHUNGA

THE ART OF LOVE IN JAPAN

A HISTORY OF JAPANESE ART

FROM PREHISTORY TO THE TAISHO PERIOD

Tuttle Pub A comprehensive view of Japanese art through Japanese eyes

CHIYO-NI

WOMAN HAIKU MASTER

Tuttle Pub Chiyo-Ni (1703-1775) is one of Japan's most unusual and renowned haiku poets, and this volume, the first major translation of her work in English, contains over 100 haiku, reproduced in Japanese script, Romaji, and in English. Chiyo-ni was one of the very few great female poets from an age when haiku was dominated by men. Her verses embody Zen-like simplicity and female sensuality, and reflect her life as a Buddhist nun, painter and poet who lived a life of supreme independence and aesthetic sensibility.

GANBATTE!

THE JAPANESE ART OF ALWAYS MOVING FORWARD

Tuttle Publishing *Ganbatte* (*gan-ba-tay*) is a Japanese philosophy focused on doing the best you can with what you have. Though there is no direct translation, "keep going," and "give it your all," embody the sentiments behind the word. Just as *wabi sabi* shows the beauty of imperfection in life, *ganbatte* teaches you how to get past obstacles and be motivated to keep moving forward. In *Ganbatte!* author Albert Liebermann provides an inspirational, yet practical guide to becoming more resilient the Japanese way. In 50 short chapters, some deeper and some more playful, Liebermann guides you through ways you can adopt the *ganbatte* approach to achieve a happier, more fulfilling life—and a happier, more fulfilled self. These include: Separating "difficult" from "impossible" Making use of failure Cultivating patience Working mindfully with a sense of awareness Continually improving Practicing meditation Pushing through a crisis Taking the slow route Sprinkled throughout the book are "Ganbatte Rules"—short, actionable steps you can take to move forward in a part of your life where you may be stuck (whether it's fitness, love or starting a business). A foreword by Hector Garcia, author of the bestselling *Ikigai: The Japanese Secret to a Long and Happy Life*, introduces the concept of *ganbatte* and how he learned of its existence from one of Japan's centenarians. While many aspects of life are beyond our control, how we deal with setbacks and difficulties is as much of a choice as how we approach everyday tasks. This book helps you tap into your own ability to persevere and encourages you to stay motivated and hopeful in difficult times. If you apply the tenacity and resilience of the Japanese in your daily life, difficult becomes easy, and impossible becomes possible.

THE PICTURE OF DORIAN GRAY

Xist Publishing *The Picture of Dorian Gray* by Oscar Wilde from *Coterie Classics* All *Coterie Classics* have been formatted for ereaders and devices and include a bonus link to the free audio book. "Those who find ugly meanings in beautiful things are corrupt without being charming. This is a fault. Those who find beautiful meanings in beautiful things are the cultivated. For these there is hope. They are the elect to whom beautiful things mean only Beauty. There is no such thing as a moral or an immoral book. Books are well written, or badly written. That is all." — Oscar Wilde, *The Picture of Dorian Gray* A man sells his soul for eternal youth and scandalizes the city in Oscar Wilde's *The Picture of Dorian Gray*.

BEFORE AND AFTER SUPERFLAT

A SHORT HISTORY OF JAPANESE CONTEMPORARY ART, 1990-2011

Blue Kingfisher Limited Any discussion of Japanese contemporary art inevitably leads to the pop-culture fantasies of Takashi Murakami, Yoshitomo Nara and the other artists of the Superflat movement. But Japan as a whole has changed dramatically after stumbling through a series of economic, social and ecological crises since the collapse of its "bubble" economy in the early 1990s. How did Murakami, Nara and Superflat become the dominant artistic vision of the Japan of today? What lies behind their imagery of a childish and decadent society unable to face up to reality? Written by a sociologist with an eye for sharp observation and clear reportage, *Before and After Superflat* offers the first comprehensive history in English of the Japanese art world from 1990 up to the tsunami of March 2011, and its struggle to find a voice amidst Japan's economic decline and China's economic ascent.

RESEARCHING JAPANESE WAR CRIMES RECORDS

INTRODUCTORY ESSAYS

Nazi War Crimes and Japanese Imperial Government Records Int

BLACK BELT

The oldest and most respected martial arts title in the industry, this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self-defense in the world - including techniques and strategies. In addition, *Black Belt* produces and markets over 75 martial arts-oriented books and videos including many about the works of Bruce Lee, the best-known marital arts figure in the world.

HOKUSAI

PRINTS AND DRAWINGS

Prestel Pub *Hokusai* was one of the great masters of the Japanese woodblock print. His exquisite compositions and dynamic use of color set him apart from other printmakers, and his unequalled genius influenced both Japanese and a whole generation of Western artists. Now available for the first time in paperback, this book reproduces the artist's finest works in plates that convey the full variety of his invention, each of which is provided with an informative commentary. In his introduction, *Hokusai* expert Matthi Forrer traces the artist's career and defines his place in relation to his contemporaries and to the history of Japanese art. Examining all genres of the artist's prolific output -- including images of city life, maritime scenes, landscapes, views of Mount Fuji, bird and flower illustrations, literary scenes, waterfalls and bridges -- *Hokusai, Prints and Drawings* provides a detailed account of the artist's genius.