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KEY=FUTURE - COCHRAN FULLER

SUNY SERIES IN TRANSPERSONAL AND HUMANISTIC PSYCHOLOGY

REVISIONING TRANSPERSONAL THEORY

A PARTICIPATORY VISION OF HUMAN SPIRITUALITY

SUNY Press A participatory alternative to the perennialism and experientialism dominant in transpersonal psychology.

SUNY SERIES IN TRANSPERSONAL AND HUMANISTIC PSYCHOLOGY

THE POSTCONVENTIONAL PERSONALITY

ASSESSING, RESEARCHING, AND THEORIZING HIGHER DEVELOPMENT

SUNY Press Cutting-edge volume devoted to optimal adult development. Postconventional stages of personality development involve growth well beyond the average, and have become a rapidly growing subject of research not only in developmental psychology circles but also in areas such as executive leadership development. This book is the first to bring together many of the major researchers in the field, showcasing diverse perspectives ranging from the spiritual to the corporate. The contributors present research on essential questions about the existence and prevalence of high levels of personal growth, whether such achievement is correlated with other types of psychological growth, whether high levels of growth actually indicate happiness, what kinds of people exhibit these higher levels of development, how they may have developed this expanded perspective, and the characteristics of their viewpoints, abilities, and preoccupations. For anyone interested in Ken Wilber's integral psychology, as well as those in executive coaching, this volume is an invaluable resource and will be a standard reference for years to come. "This is an excellent resource for those interested in psychometrics collections and in transpersonal/humanistic psychology and life-span development ... A solid companion to other titles in the 'SUNY Series in Transpersonal and Humanistic Psychology.'" — CHOICE This is a convention-breaking book that makes a much-needed contribution to the field. Its varied scholarly chapters explore the far reaches of human growth and potential—including the oft-neglected dimension of personality development. Chapters are written by veteran researchers and exemplars in adult development studies. Included are wonderfully creative theoretical explorations on personality development as well as original contributions that push the envelope of spiritual and religious development to unprecedented lengths. — Melvin E. Miller, coeditor of *Self and No-Self: Continuing the Dialogue between Buddhism and Psychotherapy* "This book is the best place to go for current views on late-stage ego-development theory, practice, and measurement. It clarifies the promise and importance of these methods and models that stem from Loevinger (and H. S. Sullivan), casting an eye over a fascinating array of topics. But the book also explores the limitations and blind spots inherent in these methods. This is an excellent contribution to scholarly literature about the further reaches of human potential." — Zachary Stein, Harvard University

TRANSPERSONAL KNOWING

EXPLORING THE HORIZON OF CONSCIOUSNESS

State University of New York Press The freshest and most respected thinkers in transpersonal psychology explore the myriad pathways to knowledge.

THE LIGHT OF CONSCIOUSNESS

EXPLORATIONS IN TRANSPERSONAL PSYCHOLOGY

SUNY Press

PSYCHOLOGY OF THE FUTURE

LESSONS FROM MODERN CONSCIOUSNESS RESEARCH

State University of New York Press Summarizes Grof's experiences and observations from more than forty years of research into non-

ordinary states of consciousness. Summarizes Grof's experiences and observations from more than forty years of research into non-ordinary states of consciousness. This accessible and comprehensive overview of the work of Stanislav Grof, one of the founders of transpersonal psychology, was specifically written to acquaint newcomers with his work. Serving as a summation of his career and previous works, this entirely new book is the source to introduce Grof's enormous contributions to the fields of psychiatry and psychology, especially his central concept of holotropic experience, where holotropic signifies "moving toward wholeness." Grof maintains that the current basic assumptions and concepts of psychology and psychiatry require a radical revision based on the intensive and systematic research of holotropic experience. He suggests that a radical inner transformation of humanity and a rise to a higher level of consciousness might be humankind's only real hope for the future. "It's rare to find a textbook that is both extremely informative and enjoyable to read. Psychology of the Future has to be one of the first ones I've ever come across ... Each chapter brought an entirely new concept, theory, or method that was just as engaging as the previous one." — Dr. Tami Brady, TCM Reviews "This book is by a pioneering genius in consciousness research. It presents the full spectrum of Grof's ideas, from his earliest mappings of using LSD psychotherapy, to his clinical work with people facing death, to his more recent work with holotropic breathing, to his latest thoughts about the cosmological implications of consciousness research and the prospects for dealing with an emerging planetary crisis. Grof has always been one of the most original thinkers in the transpersonal field, and his creativity has kept pace with the maturity of his overall vision." -- Michael Washburn, author of Transpersonal Psychology in Psychoanalytic Perspective "Grof offers an outstanding contribution to the ever-growing debate about the nature of human consciousness and about the place of humankind in the cosmos. If more psychiatrists could be persuaded that human consciousness transcends the limitations of the physical brain, and instead is but an aspect of what may best be described as 'cosmic consciousness,' we could not only expect treatment modalities to change, but we could also anticipate the possibility of culture-wide rethinking of the basic presuppositions of modern cosmology, the cosmology that grounds Western institutions, ideologies, and beliefs about the nature of personhood." -- Michael E. Zimmerman, author of Contesting Earth's Future: Radical Ecology and Postmodernity Stanislav Grof, MD, is a psychiatrist with more than fifty years of experience in research of non-ordinary states of consciousness. He has been Principal Investigator in a psychedelic research program at the Psychiatric Research Institute in Prague, Czechoslovakia; Chief of Psychiatric Research at the Maryland Psychiatric Research Center; Assistant Professor of Psychiatry at the Johns Hopkins University; and Scholar-in-Residence at the Esalen Institute. He is currently Professor of Psychology at the California Institute of Integral Studies, conducts professional training programs in holotropic breathwork, and gives lectures and seminars worldwide. He is one of the founders and chief theoreticians of transpersonal psychology and the founding president of the International Transpersonal Association (ITA). In 2007, he was granted the prestigious Vision 97 award from the Vaclav and Dagmar Havel Foundation in Prague. He is the author and editor of many books, including *The Adventure of Self-Discovery: Dimensions of Consciousness and New Perspectives in Psychotherapy and Inner Exploration*; *Ancient Wisdom and Modern Science*; *Beyond the Brain*; *Bi*

HUMAN SURVIVAL AND CONSCIOUSNESS EVOLUTION

SUNY Press In addition to the apocalyptic prospect of global nuclear destruction, there are other dismal scenarios involving resource and environmental issues that are less imminent but still serious in the long term. Past analyses, seeking remedies, have focused on symptoms rather than causes. They represent extensions and expressions of the same philosophies and strategies that created these situations. This book brings a fresh and optimistic perspective to the problem area. It explores modern consciousness research and transpersonal psychology for practices that accelerate the development of consciousness. It covers a wide range from laboratory techniques of experimental psychiatry, transpersonal psychotherapies, and Jungian psychology to the Oriental and Western mystical traditions.

ALAN WATTS - IN THE ACADEMY

ESSAYS AND LECTURES

SUNY Press Explores language and mysticism, Buddhism and Zen, Christianity, comparative religion, psychedelics, and psychology and psychotherapy. To commemorate the 2015 centenary of the birth of Alan Watts (1915-1973), Peter J. Columbus and Don Adrian L. Rice have assembled a much-needed collection of Watts's scholarly essays and lectures. Compiled from professional journals, monographs, scholarly books, conferences, and symposia proceedings, the volume sheds valuable light on the developmental arc of Watts's thinking about language and mysticism, Buddhism and Zen, Christianity, comparative religion, psychedelics, and psychology and psychotherapy. This definitive collection challenges Watts's reputation as a "popularizer" or "philosophical entertainer," revealing his concerns to be much more expansive and transdisciplinary than is suggested by the parochial "Zen Buddhist" label commonly affixed to his writings. The editors' authoritative introduction elucidates contemporary perspectives on Watts's life and work, and supports a bold rethinking of his contributions to psychology, philosophy, and religion. "This excellent volume is important in establishing Watts as perhaps the most important Western thinker and writer on Eastern religions and philosophy, as well as comparative religions, of the twentieth century." — John W. Traphagan, author of *Rethinking Autonomy: A Critique of Principlism in Biomedical Ethics*

PSYCHOSYNTHESIS

A PSYCHOLOGY OF THE SPIRIT

State University of New York Press Psychotherapists Firman and Gila were both trained in psychosynthesis in the early 1970s; Firman trained with its founder, Italian psychiatrist, Roberto Assaggio. Their text elaborates on much of the traditional material found in psychosynthesis literature since the 1970s, and incorporates current advances in the area. It is intended as a companion to the authors' 1997 text, *The Primal Wound: A Transpersonal View of Trauma, Addiction, and Growth*, and is suitable as a student text in general psychology courses and in beginning and advanced training in psychosynthesis, as support for individuals seeking to understand and facilitate their own self-realization journey, and as a resource for practitioners in psychotherapy, counseling, and

related fields. Annotation copyrighted by Book News, Inc., Portland, OR

TRANSPERSONAL KNOWING

EXPLORING THE HORIZON OF CONSCIOUSNESS

SUNY Press The freshest and most respected thinkers in transpersonal psychology explore the myriad pathways to knowledge.

THE ADVENTURE OF SELF-DISCOVERY

DIMENSIONS OF CONSCIOUSNESS AND NEW PERSPECTIVES IN PSYCHOTHERAPY AND INNER EXPLORATION

SUNY Press Here Grof presents a useful model of the psyche—a model extended by his thirty years of studying non-ordinary states of consciousness. It is useful for understanding such phenomena as shamanism, mysticism, psychedelic states, spontaneous visionary experiences, and psychotic episodes. The model is also useful in explaining the dynamics of experiential psychotherapies and a variety of sociopolitical manifestations such as war and revolution. This book might have been entitled *Beyond Drugs*. The second part describes the principles and process of the non-pharmacological technique developed by the author and his wife, Christina, for self-exploration and for psychotherapy. Grof explores in detail the components of this technique. He describes its method, its effective mechanisms, as well as its goals and potential. Its practice is simple, since it utilizes the natural healing capacity of the psyche.

INTEGRAL PSYCHOLOGY

YOGA, GROWTH, AND OPENING THE HEART

State University of New York Press A bold new view of the human psyche, integrating Eastern and Western approaches.

HIGHER WISDOM

EMINENT ELDERS EXPLORE THE CONTINUING IMPACT OF PSYCHEDELICS

SUNY Press Interviews with fourteen pioneers in psychedelic research.

THE LIVING CLASSROOM

TEACHING AND COLLECTIVE CONSCIOUSNESS

SUNY Press Describes the emergence of powerful fields of consciousness that influence students' learning and personal transformation.

PSYCHOTHERAPY AND SPIRIT

THEORY AND PRACTICE IN TRANSPERSONAL PSYCHOTHERAPY

SUNY Press The first concise overview of transpersonal psychotherapy.

THE EMPATHIC GROUND

INTERSUBJECTIVITY AND NONDUALITY IN THE PSYCHOTHERAPEUTIC PROCESS

State University of New York Press Brings Asian theories of consciousness into dialogue with Western psychotherapeutic practices.

EMBODIED SPIRITUALITY IN A SACRED WORLD

State University of New York Press Presents an account of human development from a depth-psychological, transpersonal perspective.

TRANSPERSONAL PSYCHOLOGY IN PSYCHOANALYTIC PERSPECTIVE

SUNY Press In this book, Michael Washburn provides a psychoanalytic foundation for transpersonal psychology. Using psychoanalytic theory, Washburn explains how ego development both prepares for and creates obstacles to ego transcendence. Spiritual development, he proposes, can be properly understood only in terms of the ego development that precedes it. For example, many difficulties encountered in spiritual development can be traced to repressive underpinnings of ego development, and significant gender differences in spiritual development can be traced to corresponding gender differences that emerge during ego development. Washburn draws on a wide range of psychoanalytic perspectives in discussing ego development and uses both Eastern and Western sources in discussing spiritual development. In rethinking transpersonal psychology in psychoanalytic terms, he explains how essential elements of Jungian thought can be grounded in psychoanalytic theory.

BODY OF KNOWLEDGE

AN INTRODUCTION TO BODY/MIND PSYCHOLOGY

SUNY Press This book introduces readers to the many facets of body/mind psychology such as its history and its basis in physiological processes; the framework of its theories and models; its clinical application in counseling, psychotherapy, and the treatment of psychosomatic disorders; and its growing impact on our understanding of healing, communication, and conscious living. From Freud, Reich, and Lowen to holography and Tibetan Buddhist theories of madness; from Perls, Laslow, and self-actualization to acupuncture, Rolfing, and insight medication; Marrone provides a challenging and sophisticated synthesis of highly diverse and powerful ideas in an

exciting and readable style.

KEN WILBER

THOUGHT AS PASSION

State University of New York Press The first comprehensive overview of the life and thought of the American philosopher Ken Wilber.

BEYOND THE BRAIN

BIRTH, DEATH, AND TRANSCENDENCE IN PSYCHOTHERAPY

SUNY Press *Beyond the Brain* seriously challenges the existing neurophysiological models of the brain. After three decades of extensive research on those non-ordinary states of consciousness induced by psychedelic drugs and by other means, Grof concludes that our present scientific world view is as inadequate as many of its historical predecessors. In this pioneering work, he proposes a new model of the human psyche that takes account of his findings. Grof includes in his model the recollective level, or the reliving of emotionally relevant memories, a level at which the Freudian framework can be useful. Beyond that is perinatal level in which the human unconscious may be activated to a reliving of biological birth and confrontation with death. How birth experience influences an individual's later development is a central focus of the book. The most serious challenge to contemporary psycho-analytic theory comes from a delineation of the transpersonal level, or the expansion of consciousness beyond the boundaries of time and space. Grof makes a bold argument that understanding of the perinatal and transpersonal levels changes much of how we view both mental illness and mental health. His reinterpretation of some of the most agonizing aspects of human behavior proves thought provoking for both laypersons and professional therapists.

WORDS FROM THE SOUL

TIME, EAST/WEST SPIRITUALITY, AND PSYCHOTHERAPEUTIC NARRATIVE

SUNY Press A spiritual reformulation of psychotherapy that starts with an acceptance of relentless impermanence as the ground of human experience and draws from philosophy, kundalini yoga, and the author's own extensive clinical/mediation experience.

LIVING CONSCIOUSNESS

THE METAPHYSICAL VISION OF HENRI BERGSON

State University of New York Press Explores the thought of Henri Bergson, highlighting his compelling theories on the nature of consciousness and its relationship to the physical world.

PSYCHOLOGY OF THE FUTURE

LESSONS FROM MODERN CONSCIOUSNESS RESEARCH

SUNY Press Summarizes Grof's experiences and observations from more than forty years of research into non-ordinary states of consciousness.

ALAN WATTS—HERE AND NOW

CONTRIBUTIONS TO PSYCHOLOGY, PHILOSOPHY, AND RELIGION

State University of New York Press Considers the contributions and contemporary significance of Alan Watts. *Alan Watts—Here and Now* explores the intellectual legacy and continuing relevance of a prolific writer and speaker who was a major influence on American culture during the latter half of the twentieth century. A thinker attuned to the spiritual malaise affecting the Western mind, Watts (1915–1973) provided intellectual and spiritual alternatives that helped shape the Beat culture of the 1950s and the counterculture of the 1960s. Well known for introducing Buddhist and Daoist spirituality to a wide Western audience, he also wrote on psychology, mysticism, and psychedelic experience. Many idolized Watts as a guru-mystic, yet he was also dismissed as intellectually shallow and as a mere popularizer of Asian religions (the “Norman Vincent Peale of Zen”). Both critical and appreciative, this edited volume locates Watts at the forefront of major paradigmatic shifts in Western intellectual life. Contributors explore how Watts's work resonates in present-day scholarship on psychospiritual transformation, Buddhism and psychotherapy, Daoism in the West, phenomenology and hermeneutics, humanistic and transpersonal psychology, mysticism, and ecofeminism, among other areas. Peter J. Columbus is Administrator of the Shantigar Foundation in Rowe, Massachusetts. Don Adrian L. Rice is Professor of Psychology at the University of West Georgia. They are also the coeditors of *Psychology of the Martial Arts*.

DARK NIGHT, EARLY DAWN

STEPS TO A DEEP ECOLOGY OF MIND

SUNY Press Combining philosophical reflections with deep self-exploration to delve into the ancient mystery of death and rebirth, this book emphasizes collective rather than individual transformation. Drawing upon twenty years of experience working with nonordinary states, the author argues that when the deep psyche is hyper-simulated using Stanislaw Grof's powerful therapeutic methods, the healing that results sometimes extends beyond the individual to the collective unconscious of humanity itself.

TRANSFORMING SELF AND OTHERS THROUGH RESEARCH

TRANSPERSONAL RESEARCH METHODS AND SKILLS FOR THE HUMAN SCIENCES AND HUMANITIES

SUNY Press Brings the transformative approaches of transpersonal psychology to research in the human sciences and humanities.

METHODOLOGY FOR THE HUMAN SCIENCES

SYSTEMS OF INQUIRY

SUNY Press This book presents the historical background of the development of methodology for the human sciences, in order to provide readers with a context for understanding the present concerns and issues in research methodology.

THE FUNDAMENTALS OF FAMILY MEDIATION

SUNY Press Although there are a number of mediation books, none provide a step-by-step description of each stage in the process. This book, designed as a mediator's handbook, can be used by the practicing mediator to solve almost any problem. It can also be used by trainers to provide more basic information to trainee mediators, thus allowing them more time for practicing the skill in training. The book will also be of interest to students and practitioners of family therapy, to social workers, and counselors.

HIGHER WISDOM

EMINENT ELDERS EXPLORE THE CONTINUING IMPACT OF PSYCHEDELICS

State University of New York Press From the Back Cover: Psychedelics have been a part-often a central and sacred part-of most societies throughout history, and for half a century psychedelics have rumbled through the Western world, seeding a subculture, titillating the media, fascinating youth, terrifying parents, enraging politicians, and intriguing researchers. Not surprisingly, these curious chemicals fascinated some of the foremost thinkers of the twentieth century, fourteen of whom were interviewed for this book. Because no further human research can be done, these researchers constitute an irreplaceable resource. Higher Wisdom offers their fascinating anecdotes, invaluable knowledge, and hard-won wisdom-the culmination of fifty years of research and reflection on one of the most intriguing and challenging topics of our time.

BODY OF KNOWLEDGE

AN INTRODUCTION TO BODY/MIND PSYCHOLOGY

ENCOUNTERING BUDDHISM

WESTERN PSYCHOLOGY AND BUDDHIST TEACHINGS

SUNY Press Practicing psychologists explore the mutual impact of Buddhist teachings and psychology in their lives and practice.

ALAN WATTS - IN THE ACADEMY

ESSAYS AND LECTURES

State University of New York Press Explores language and mysticism, Buddhism and Zen, Christianity, comparative religion, psychedelics, and psychology and psychotherapy. Gold Winner for Philosophy, 2017 Foreword INDIES Book of the Year Awards To commemorate the 2015 centenary of the birth of Alan Watts (1915-1973), Peter J. Columbus and Donadrian L. Rice have assembled a much-needed collection of Watts's scholarly essays and lectures. Compiled from professional journals, monographs, scholarly books, conferences, and symposia proceedings, the volume sheds valuable light on the developmental arc of Watts's thinking about language and mysticism, Buddhism and Zen, Christianity, comparative religion, psychedelics, and psychology and psychotherapy. This definitive collection challenges Watts's reputation as a "popularizer" or "philosophical entertainer," revealing his concerns to be much more expansive and transdisciplinary than is suggested by the parochial "Zen Buddhist" label commonly affixed to his writings. The editors' authoritative introduction elucidates contemporary perspectives on Watts's life and work, and supports a bold rethinking of his contributions to psychology, philosophy, and religion. Peter J. Columbus is Administrator of the Shantigar Foundation in Rowe, Massachusetts. Donadrian L. Rice is Professor of Psychology at the University of West Georgia. Together they are the coeditors of *Alan Watts—Here and Now: Contributions to Psychology, Philosophy, and Religion*, also published by SUNY Press.

HOLOTROPIC BREATHWORK

A NEW APPROACH TO SELF-EXPLORATION AND THERAPY

Excelsior Editions The definitive overview of this transformative breathwork.

ANCIENT WISDOM AND MODERN SCIENCE

SUNY Press A critical reevaluation of ancient spiritual systems long ignored or rejected because of their assumed incompatibility with science. Here are Swami Muktananda on the mind, Swami Prajnananda on Karma, Swami Kripananda on the Kundalini, Joseph Chilton Pearce on spiritual development, Jack Kornfield on Buddhism for Americans, Claudio Naranjo on meditation, and much more.

THE GREAT ADVENTURE

TOWARD A FULLY HUMAN THEORY OF EVOLUTION

SUNY Press Outlines how a new working partnership between psychologists and evolutionary systems scientists can help create a more humanistic evolutionary theory.

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CHRIST RETURNS FROM THE JUNGLE

AYAHUASCA RELIGION AS MYSTICAL HEALING

State University of New York Press An in-depth, ethnographic study of the transnational expansion of Santo Daime, a mystical religious tradition organized around sacramental ingestion of the mind-altering ayahuasca beverage. After more than 450 years of European intrusions into South America's rainforest, small groups of people across Europe now gather discreetly to participate in Amazonian ceremonies their local governments consider a criminal act. As devotees of a new Brazil-based religion called Santo Daime, they claim that they contact God by way of ayahuasca, a potent psychoactive beverage first developed by native communities in pre-Columbian Amazonia. This bitter, brown liquid is a synergy of plants containing DMT, a mind-altering chemical classified as an illicit "hallucinogen" in most countries. By contrast, Santo Daime members (daimistas) revere ayahuasca as a sacrament, combining it with rituals and theologies borrowed from Christian mysticism, indigenous shamanism, Afro-Brazilian spiritualism, and Western esotericism. The Santo Daime religion was founded in 1930 by an Afro-Brazilian rubber tapper named Raimundo Irineu Serra, now known as Mestre (Master) Irineu. Presenting results from more than a year of fieldwork with Santo Daime groups in Europe, Marc G. Blainey contributes new understandings of contemporary Westerners' search for existential well-being on an increasingly interconnected planet. As a thorough exploration of daimistas' beliefs about the therapeutic potentials of ayahuasca, this book takes readers on an ethnographic journey into the deepest recesses of the human psyche. Marc G. Blainey is an adjunct faculty member in Spiritual Care and Psychotherapy at Martin Luther University College in Waterloo, Ontario. He received his PhD in anthropology from Tulane University and is the coeditor (with Emiliano Gallaga) of *Manufactured Light: Mirrors in the Mesoamerican Realm*.

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